



Camp@Home Playbook

Welcome to Camp@Home! This guide includes a daily breakdown, all craft and game instructions, and a general camp activities list (page 210).

Theme Weeks

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Week One: Rainforest

Instructions: page 52

Optional reminder for Wacky Wednesday- Luau or Tropical Themed

Monday:

Block One	Beach ball getting to know you game	Get a beach ball and write “Getting to know you” questions on it with sharpie. Throw the ball around a circle and when you catch it, wherever your right thumb lands, pick the closest question read it outloud and answer it for the group. -whats your fav color -Do you have any pets? -whats your fav food? -what’s your fav sport to play or watch?
Snack Break		
Block Two	Craft Time! Make a colorful Macaw	Rainforest #4 *printable Macaw Template*
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Leaf Matching Game	Rainforest 14
Block Four	Rainforest Animals themed 20 Questions	Helpful to have a list or pieces of paper with characters/animals/objects/etc. Player picks out a piece of paper and everyone else in the group starts asking Yes/No questions ONLY. The group is only allowed to ask 20 questions so take turns and keep tally of how many questions have been asked. The first person to raise their hand or ring the bell or buzzer or run across the yard to tag the judges hand and then guess the “thing” correctly wins or gets a point.

Tuesday

Block One	Frog Toss!	Rainforest #12
Snack Break		
Block Two	Craft Time! Paper Plate Ladybugs	Rainforest #13
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Dance!	Rainforest #6
Block Four	Sidewalk chalk stained glass windows	Put painters tape or masking tape in a pattern on the sidewalk/driveway. Kids color each shape a different color. Pull tape up when finished and see the stained glass window style art on the pavement!

Wednesday

*Wacky Wednesday Luau or Tropical Themed

Block One	Rainforest Dice Movement Game	Rainforest #9 *Printable Dice*
Snack Break		
Block Two	Craft Time! Binoculars	Rainforest #10
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Rainforest Yoga!	Rainforest #7
Block Four	Obstacle course (could try to make it Rainforest themed)	Write on the ground with chalk different actions to complete, then timed them as they completed it. Example: hop three times, jump on a square, stand on one foot

Thursday

Block One	Sticky Spider Web Game	Rainforest #15
Snack Break		
Block Two	Craft Time! Snake Finger Puppets	Rainforest #5
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Rainforest Memory Game	Rainforest #8
Block Four	Zoom! Screech!	Stand in a circle - someone starts by saying zoom to their right and the energy passes in one direction (right) by saying Zoom to a neighbor, it stops and reverses direction by someone saying Screech. If there is a pause/error in the direction change that person is out. Each person must turn their head to look at the person they are passing it to.

Friday

Block One	Coconut Bowling Game	Rainforest #11
Snack Break		
Block Two	Craft Time! Rainforest Terrarium in a jar	Rainforest #2
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three		
Block Four	Friday afternoon dance parties	Pick an appropriate playlist and have a dance party/karaoke/make up a dance to a song

Week Two: California Coast

Instructions: page 69

*Optional reminder for Wacky Wednesday- Tie Dye shirts

Monday:

Block One	Beach Ball Toss	California Coast #3
Snack Break		
Block Two	Craft Time! Tie Dye	kits can usually be purchased at local stores or Amazon
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Beach Towel Volleyball	California Coast #12
Block Four	Make a handshake!	Can make as a group or pair up.

Tuesday:

Block One	Surf and Turf!	California Coast #2
Snack Break		
Block Two	Craft Time! Seashell scavenger Hunt	California Coast #10
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Sand Castle	California Coast #4
Block Four	Jam Session!	Find buckets, or things that make cool noises and can be played safely without breaking! Decide on a beat to start with one object and add to the beat with the next object in a different rhythm. Keep adding sounds and rhythms to make different beats and patterns.

Wednesday:

Block One	Let's Get Beach Ready!	California Coast #14
Snack Break		
Block Two	Craft Time! Message in a bottle	California Coast #1
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Stay in the shade	California Coast #13
Block Four	Beach items scavenger hunt	Hide items around the house / outside

Thursday:

Block One	Basketbeachball	California Coast #11
Snack Break		
Block Two	Craft Time! Underwater scavenger hunt	California Coast #9
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Pass the water	California Coast #5
Block Four	“We're going on a picnic”	<p>Sitting in a circle, pick someone to start and they begin with “We’re going on a picnic and I’m bringing “___”. The item they pick begins with an “A” ex. apple. The next person goes and says “We’re going on a picnic and I’m bringing an apple and ”B___” ex. Bananas. Next player- “We’re going on a picnic and I’m bringing apples, bananas and “C” ex. Candy. This repeats as long as possible with each person starting the next letter of the alphabet. See if the group can make it to Z! If a player misses an object they can be out, or it can be a team building activity to have the group help each other to see if you can make it all the way to z!</p>

Friday:

Block One	Water Balloon Toss!	California Coast #7
Snack Break		
Block Two	Craft Time! Water Balloon Pinata	California Coast #6
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Sponge Bucket Race	California Coast #8
Block Four	Friday afternoon dance parties	Pick an appropriate playlist and have a dance party/karaoke/make up a dance to a song

Week Three: Tokyo

Instructions: page 84

Optional reminder for Wacky Wednesday- -crazy mismatch day

Monday:

Block One	Tokyo Traffic Jam	Tokyo #3
Snack Break		
Block Two	Craft Time! Tokyo Playhouse	Tokyo #7
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Theatre/Talent show	Prepare a performance/talent show all week and invite the parents for a friday afternoon performance
Block Four	GoNoodle	Use this website for fun cheers/chants/songs that kids will want to repeat over and over again all summer!

Tuesday:

Block One	Kiddyland Spree	Tokyo #4
Snack Break		
Block Two	Craft Time! Sidewalk chalk stained glass windows	Put painters tape or masking tape in a pattern on the sidewalk/driveway. Kids color each shape a different color. Pull tape up when finished and see the stained glass window style art on the pavement!
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Theatre/Talent show	Prepare a performance/talent show all week and invite the parents for a friday afternoon performance
Block Four	Pokémon!	Tokyo #8

Wednesday:

Block One	Neon Lights	Tokyo #6
Snack Break		
Block Two	Craft Time! Tokyo Tour	Tokyo #5
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Theatre/Talent show	Prepare a performance/talent show all week and invite the parents for a friday afternoon performance
Block Four	Categories!	pick a topic, each person or group has 2 minutes to write down as many things as they can think of in that category, for example fruit. Once the 2 minutes is up, pencils down. The first person or group starts and calls out their list, if the other players or groups hear a fruit that is on their list, EVERYONE crosses it off their list, including the person who is reading their list. Everyone has a turn to read out their list and the team or player with the most things in that category at the end wins.

Thursday:

Block One	Animal Cafe	Tokyo #2
Snack Break		
Block Two	Craft Time! Sidewalk chalk stained glass windows	Put painters tape or masking tape in a pattern on the sidewalk/driveway. Kids color each shape a different color. Pull tape up when finished and see the stained glass window style art on the pavement!
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Theatre/Talent show	Prepare a performance/talent show all week and invite the parents for a friday afternoon performance
Block Four	Musical Chairs	

Friday:

Block One	Zoom! Screech!	Stand in a circle - someone starts by saying zoom to their right and the energy passes in one direction (right) by saying Zoom to a neighbor, it stops and reverses direction by someone saying Screech. If there is a pause/error in the direction change that person is out. Each person must turn their head to look at the person they are passing it to.
Snack Break		
Block Two	Craft Time! Pictionary	Can try to incorporate a Tokyo themed pictionary game
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Theatre/Talent show	Prepare a performance/talent show all week and invite the parents for a friday afternoon performance
Block Four	Friday afternoon dance parties	Pick an appropriate playlist and have a dance party/karaoke/make up a dance to a song

Week Four: Desert Digs

Instructions: page 92

Optional reminder for Wacky Wednesday- favorite sports team- wear anything showing a favorite sports team

Monday:

Block One	Dance to the beat of the desert	Desert Digs #11
Snack Break		
Block Two	Craft Time! Paper plate snakes	Desert Digs #2
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Ring toss	Outside with sidewalk chalk or hula hoops, inside with painters tape.
Block Four	Capture the flag	

Tuesday:

Block One	Desert Animal Movement Cards	Desert Digs #4 *Desert Animal Cards Printable
Snack Break		
Block Two	Craft Time! Painted Desert Rocks	Desert Digs #5
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Have a jam session	find buckets, or things that make cool noises and can be played safely without breaking! Decide on a beat to start with one object and add to the beat with the next object in a different rhythm. Keep adding sounds and rhythms to make different beats and patterns.
Block Four	Simon Says	

Wednesday:

Block One	Cactus Number Puzzles	Desert Digs #14 *PDF printable
Snack Break		
Block Two	Craft Time! Wind Chime	Desert Digs #15
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Hopscotch	Outside with sidewalk chalk, inside with painters tape
Block Four	Kickball/wiffle ball	

Thursday:

Block One	Desert Yoga	Desert Digs #8
Snack Break		
Block Two	Craft Time! Popsicle Stick Cactus	Desert Digs #9
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Musical chairs	
Block Four	Pick a general camp game (pg. 210)	

Friday:

Block One	“We're going on a picnic”	Sitting in a circle, pick someone to start and they begin with “We’re going on a picnic and I’m bringing “___”. The item they pick begins with an “A” ex. apple. The next person goes and says “We’re going on a picnic and I’m bringing an apple and ”B___” ex. Bananas. Next player- “We’re going on a picnic and I’m bringing apples, bananas and “C” ex. Candy. This repeats as long as possible with each person starting the next letter of the alphabet. See if the group can make it to Z! If a player misses an object they can be out, or it can be a team building activity to have the group help each other to see if you can make it all the way to z!
Snack Break		
Block Two	Craft Time! Sand Paper Art	Desert Digs #7
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Camel Craft	Desert Digs #6
Block Four	Friday afternoon dance party	Pick an appropriate playlist and have a dance party/karaoke/make up a dance to a song

Week Five: Under the Sea

Instructions: page 106

Optional reminder for Wacky Wednesday- superheroes

Monday:

Block One	Island Hop Dance Game	Under the Sea #12
Snack Break		
Block Two	Craft Time! Under the Sea Plate Crafts	Under the Sea #14
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Obstacle course	Write on the ground with chalk different actions to complete, then timed them as they completed it. Example: hop three times, jump on a square, stand on one foot
Block Four	Freeze Tag	

Tuesday:

Block One	Jellyfish Jump	Under the Sea #6
Snack Break		
Block Two	Craft Time! Seahorse art project	Under the Sea #3
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Whale Talk	Under the Sea #9
Block Four	Make a Handshake!	As a group or pair up

Wednesday:

Block One	Turtle Race	Under the Sea #7
Snack Break		
Block Two	Craft Time Painted Fish Rocks	Under the Sea #15
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Ultimate Rock/Paper/Scissors	played like normal rock/paper/scissors but everyone begins playing each other and when you lose to your opponent you become their biggest fan and a part of their posse. That person then goes to find and play their next opponent and you stand behind them and begin cheering them on. When a person wins a round, they gain everyone from their opponents group including their opponent. This continues until there is 1 winner of ultimate rock/paper/scissors and everyone is cheering them on.
Block Four	Seashell Painting and Pasting	Under the Sea #4

Thursday:

Block One	Crab Soccer	Under the Sea #13
Snack Break		
Block Two	Craft Time! Bubble Wrap Fish	Under the Sea #2
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Octopus Tag	Under the Sea #10
Block Four	Simon Says	

Friday:

Block One	Shark Tag	Under the Sea #8
Snack Break		
Block Two	Craft Time! Under the sea puzzle	Under the Sea #5
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Fish Fish Shark	Under the Sea #11
Block Four	Friday afternoon dance party	Pick an appropriate playlist and have a dance party/karaoke/make up a dance to a song

Week Six: Outer Space

Instructions: 125

Optional reminder for Wacky Wednesday- silly socks day

Monday:

Block One	Space Dance	Outer Space #8
Snack Break		
Block Two	Craft Time! Paint Stick Solar System	Outer Space #5
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Star Wars	Set up like capture the flag, there is a person who is the jedi standing in a hula hoop at the back of their side of the field, jedi has a pool noodle. The other players on the team are spread around the field and there are balls lined up along the center line splitting the field in half. When the coach/adult says go, the players run to the balls on center line and try to roll them on the ground to get the other team out. If a player gets touched by a ball rolled from the other team then sit right where they are. The Jedi can then come out of the hoop to touch that player with the pool noodle to bring them back to life and jump back into the game. The Jedi is only safe in the hula hoop, if the Jedi gets touched by a ball from the other team then the Jedi must sit down where they are. A team can win when the JEdi and all players are out.
Block Four	Hopscotch	Outside with sidewalk chalk, inside with painters tape

Tuesday:

Block One	Counting Stars Beanbag Game	Outer Space #15
Snack Break		
Block Two	Craft Time! Alien Balloon	Outer Space #14
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Straw Rockets	Outer Space 12
Block Four	Freeze tag or dance	

Wednesday:

Block One	Outer Space Yoga	Outer Space #11
Snack Break		
Block Two	Craft Time! Outer Space Hats	Outer Space #10
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Make their own olympics with track, jumping, shot put, etc. With olympics being postponed, this would be fun	https://www.icanteachmychild.com/free-ebook-olympic-activities-for-kids/ Link to website
Block Four	Charades	

Thursday:

Block One	Outer Space Bingo	Outer Space #9 *see Bingo PDF*
Snack Break		
Block Two	Craft Time! Puffy Paint Solar System	Outer Space #3
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	20 Questions	Helpful to have a list or pieces of paper with characters/animals/objects/etc .Player picks out a piece of paper and everyone else in the group starts asking Yes/No questions ONLY. The group is only allowed to ask 20 questions so take turns and keep tally of how many questions have been asked. The first person to raise their hand or ring the bell or buzzer or run across the yard to tag the judges hand and then guess the “thing” correctly wins or gets a point.
Block Four	Charades	

Friday:

Block One	Zoom! Screech!	Stand in a circle - someone starts by saying zoom to their right and the energy passes in one direction (right) by saying Zoom to a neighbor, it stops and reverses direction by someone saying Screech. If there is a pause/error in the direction change that person is out. Each person must turn their head to look at the person they are passing it to.
Snack Break		
Block Two	Craft Time! Sidewalk chalk stained glass windows	Put painters tape or masking tape in a pattern on the sidewalk/driveway. Kids color each shape a different color. Pull tape up when finished and see the stained glass window style art on the pavement!
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Star Wars	See directions from earlier in the week
Block Four	Friday afternoon dance party	Pick an appropriate playlist and have a dance party/karaoke/make up a dance to a song

Week Seven: Hiking and Nature

Instructions: page 139

Optional reminder for Wacky Wednesday- -silly hat/favorite hat day

Monday:

Block One	Animal Scavenger Hunt	Hiking and Nature #1
Snack Break		
Block Two	Craft Time! Bird Feeders (2)	Hiking and Nature #4
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Musical Chairs	
Block Four	Go Noodle	Use this website for fun cheers/chants/songs that kids will want to repeat over and over again all summer!

Tuesday:

Block One	Dig it Up!	Hiking and Nature #2
Snack Break		
Block Two	Craft Time! Buttered Bird Feeder	Hiking and Nature #6
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Have a jam session	Find buckets, or things that make cool noises and can be played safely without breaking! Decide on a beat to start with one object and add to the beat with the next object in a different rhythm. Keep adding sounds and rhythms to make different beats and patterns.
Block Four	Capture the Flag	

Wednesday:

Block One	Bird Watching!	Hiking and Nature #3
Snack Break		
Block Two	Craft Time! Bird water tray or bird bath	Hiking and Nature #10
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Categories	<p>Pick a topic, each person or group has 2 minutes to write down as many things as they can think of in that category, for example fruit. Once the 2 minutes is up, pencils down.</p> <p>The first person or group starts and calls out their list, if the other players or groups hear a fruit that is on their list, EVERYONE crosses it off their list, including the person who is reading their list.</p> <p>Everyone has a turn to read out their list and the team or player with the most things in that category at the end wins.</p>
Block Four	Freeze tag or dance	

Thursday:

Block One	Rock Launch!	Hiking and Nature #8
Snack Break		
Block Two	Craft Time! Mud Pies	Hiking and Nature #11
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Obstacle course	write on the ground with chalk different actions to complete, then timed them as they completed it. Example: hop three times, jump on a square, stand on one foot on an odd number (for older children) things like that.
Block Four	Ultimate Rock/Paper/Scissors	played like normal rock/paper/scissors but everyone begins playing each other and when you lose to your opponent you become their biggest fan and a part of their posse. That person then goes to find and play their next opponent and you stand behind them and begin cheering them on. When a person wins a round, they gain everyone from their opponents group including their opponent. This continues until there is 1 winner of ultimate rock/paper/scissors and

		everyone is cheering them on.
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Friday:

Block One	Hiker Tracker	Hiking and Nature #5
Snack Break		
Block Two	Craft Time! Bird House	Hiking and Nature #7
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	“We’re going on a picnic”	sitting in a circle, pick someone to start and they begin with “We’re going on a picnic and I’m bringing “___”. The item they pick begins with an “A” ex. apple. The next person goes and says “We’re going on a picnic and I’m bringing an apple and ”B___” ex. Bananas. Next player- “We’re going on a picnic and I’m bringing apples, bananas and “C” ex. Candy. This repeats as long as possible with each person starting the next letter of the alphabet. See if the group can make it to Z! If a player misses an object they can be out, or it can be a team building activity to have the group help each other to see if you can make it all the way to z!
Block Four	Friday afternoon dance party	pick an appropriate playlist and have a dance party/karaoke/make up a dance to a song

Week Eight: Sydney

Instructions: page 150

Optional reminder for Wacky Wednesday- masquerade day- dress up as a favorite character/costume

Monday

Block One	Animal Movement!	Sydney #2
Snack Break		
Block Two	Craft Time! Koala Mask	Sydney #1
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Aboriginal Clapping Sticks	Sydney #6
Block Four	Capture the Flag	

Tuesday

Block One	Aboriginal Boomerang	Sydney #7
Snack Break		
Block Two	Craft Time! Frilled Neck Lizards	Sydney #4
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Zoom! Screech!	Stand in a circle - someone starts by saying zoom to their right and the energy passes in one direction (right) by saying Zoom to a neighbor, it stops and reverses direction by someone saying Screech. If there is a pause/error in the direction change that person is out. Each person must turn their head to look at the person they are passing it to.
Block Four	Scavenger hunt	Items around the house/outside

Wednesday:

Block One	Blow Some Bubbles	Sydney #8
Snack Break		
Block Two	Craft Time! Sydney Opera House	Sydney #3
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Blue Ringed Octopus	Sydney #15
Block Four	Ring Toss	Outside with sidewalk chalk or hoola hoops, inside with painters tape

Thursday:

Block One	Aussie Scavenger Hunt	Sydney #9
Snack Break		
Block Two	Craft Time! Nature Inspired Portrait	Sydney #11
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	20 questions	Helpful to have a list or pieces of paper with characters/animals/objects/etc . Player picks out a piece of paper and everyone else in the group starts asking Yes/No questions ONLY. The group is only allowed to ask 20 questions so take turns and keep tally of how many questions have been asked. The first person to raise their hand or ring the bell or buzzer or run across the yard to tag the judges hand and then guess the “thing” correctly wins or gets a point.
Block Four	Capture the flag	

Friday:

Block One	Egg and Spoon Race	Sydney #10
Snack Break		
Block Two	Craft Time! Aboriginal Dot Painting	Sydney #13
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Pictionary	
Block Four	Friday afternoon dance party	Pick an appropriate playlist and have a dance party/karaoke/make up a dance to a song

Week Nine: Swiss Alps

Instructions: page 167

Optional reminder for Wacky Wednesday- crazy mismatch day

Monday:

Block One	Swizz Lazer Tag	Swizz Alps #4
Snack Break		
Block Two	Craft Time! Alpine Hats	Swizz Alps #1
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Make A Handshake!	As a group or pair up
Block Four	Go Noodle!	Use this website for fun cheers/chants/songs that kids will want to repeat over and over again all summer!

Tuesday

Block One	Snow Shooter	Swiss Alps #5
Snack Break		
Block Two	Craft Time!	Swiss Alps #7
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Field day (3 legged race, shoe scramble, 50-yd dash, relay race, etc)	
Block Four	Yoga for kids	

Wednesday:

Block One	Parachute Race	Swiss Alps #14
Snack Break		
Block Two	Craft Time! Ice Cream Skiers	Swiss Alps #2
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Freeze Tag or Dance	
Block Four	Charades	

Thursday:

Block One	Soccer	Swiss Alps #10
Snack Break		
Block Two	Craft Time! Slippery Slope Slime	Swiss Alps #9
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Hangman	
Block Four	Charades	

Friday:

Block One	Musical Chairs	
Snack Break		
Block Two	Craft Time! Edelweiss flower craft	Swiss Alps #11
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Rock Painting	Swiss Alps #15
Block Four	Friday afternoon dance party	

Week Ten: Summer Camp Roundup

Instructions: 182

Wacky Wednesday (optional): pajama day

Monday:

Block One	Create a Skit	Summer Camp Theme #8
Snack Break		
Block Two	Craft Time! Chalk Play	Summer Camp Theme #1
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Ninja	Summer Camp Theme #9
Block Four	Go Noodle	Use this website for fun cheers/chants/songs that kids will want to repeat over and over again all summer!

Tuesday

Block One	Water Bottle Bowling	Summer Camp Theme #12
Snack Break		
Block Two	Craft Time! DIY Camp Fire	Summer Camp Theme #3
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Campfire Storytelling Games!	Summer Camp Theme #7
Block Four	Popsicle Stick S'mores	Summer Camp Theme #6

Wednesday

Block One	SPUD	Summer Camp Theme #10
Snack Break		
Block Two	Craft Time! Bubble Painting	Summer Camp Theme #2
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Musical Chairs	Summer Camp Theme #11
Block Four	Capture the Flag	Summer camp Theme #19

Thursday:

Block One	Obstacle Course	Summer Camp Theme #13
Snack Break		
Block Two	Craft Time! Handprint Bonfire	Summer Camp Theme #4
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Three Legged Race	Summer Camp Theme #14
Block Four	Water Balloons	Summer Camp Theme #18

Friday:

Block One	Sack Race	Summer Camp Theme #15
Snack Break		
Block Two	Craft Time! Sponge Sailboats	Summer Camp Theme #5
Lunch		
Rest Activity	Storytime/read-aloud	
Block Three	Kickball	Summer Camp Theme #16
Block Four	Waterplay	Summer Camp Theme #17

Rainforest

Rainforest #2

Type	STEM Activity
Title	Rainforest Terrarium in a Jar

Items Needed:

- Large Jar, tank or bottle with lid (anything will work)
- Pebbles or rocks from outside
- Moss or grass from outside
- Dirt or soil
- Rainforest animals (if can purchase from craft store)

Directions: Put all together inside container, have kids use creativity to make their own.

Rainforest #4

Type (game/art/music/dance/STEM)	Art
Title	Colorful Macaw

Items Needed:

1. Macaw Pattern
2. red, black and gray cardstock paper
3. small paper plate
4. red, green and blue acrylic paint
5. paint brush
6. white tissue paper(cut into squares)
7. googly eye
8. scissors
9. glue

Directions:

1. Start by printing off the Macaw Pattern and cutting out all of the pieces. Use the pattern pieces to trace and cut the body out of red cardstock paper, beak out of black cardstock paper and feet out of gray cardstock paper. You will also need to trace your child's closed handprint onto red cardstock paper three times and cut them out.

<https://drive.google.com/file/d/0B1xd0e4Gb05tcWhuMXdLTjRFVkk/view>

2. Paint your small paper plate with your red, green and blue paint. Paint a ring of red and green and a blue circle in the middle. Let it dry completely.

3. While your paper plate dries, crumple up your white tissue paper squares and glue them around the face of the Macaw. Glue your beak and your googly eye onto the Macaw.

4. Layer and glue together the three handprints to make the end feathers of the bird. Glue them onto the end of the bird.

5. Glue your feet onto the bottom of the bird. We wanted our bird to look like it was in

flight so I trimmed my front foot to make it look tucked up against the bird.

6. Finish your Macaw by cutting your small paper plate in half and gluing one half on the front of the bird and one half on the back of the bird.

Modifications for younger or older kids:

Younger Kids: let younger kids cut out all the pattern pieces if they are able.

Older Kids: Can work independently

Rainforest #5

Type (game/art/music/dance/STEM)	Art
Title	Snake Finger Puppets

Items Needed:

Template-see comment

<https://mrprintables.com/snake-finger-puppets/>

Directions:

1. Print your favorite snakes or create your own. If you want to make the whole template smaller, choose 'scale' in the print options and adjust the percentage a tiny bit. Plain light weight paper works well. Heavy weight paper is not ideal for this puppet as the snake body likes to be flexible! Cut along the outlines.
2. Glue the sides of the snake's face as in the photo to form a 3D head. Wrap the side tabs into rings and glue to fix. Your finger should fit loosely inside these rings.

That's it. Easy enough? Now give your snake a name, wear it on your finger and go slithering around or scaring other people! You can play with twisting the tail too, have a go!

Modifications for younger or older kids:

Younger Kids: Younger kids can color their own template and create their own designs.

Older Kids: Older kids can work independently

Rainforest #6

Type (game/art/music/dance/STEM)	Dance
Title	Learn to Dance

Items Needed:

<https://www.youtube.com/watch?v=vIDfXEvDK9o>

Dance to the rainforest song. Use household items or outside (nature items to dance with). Since this is about the rainforest, grab some leaves, branches if available. If not, a scarf will do just fine.

Scarf or nature items

Directions:

Dance like you are in the rainforest.

Modifications for younger or older kids:

Younger Kids: Let them dance as much as they like.

Older Kids: older kids can dance like the animals in the rainforest.

Rainforest #7

Type (game/art/music/dance/STEM)	Art/Dance
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Title	Rainforest Yoga
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Items Needed:

This activity can be done with a kid, a group of kids, or an entire classroom. Lead the activity as an adult, or let the kids lead. Don't stress about perfection and have fun!

Directions:

Modifications for younger or older kids:

Younger Kids: Let them do what they can, does not have to be perfect

Older Kids: Older kids can do breathing work or other poses that they can come up that imitate animals from the rainforest.

Rainforest #8

Type (game/art/music/dance/STEM)	Game
Title	Memory card

Items Needed:

Print the memory cards on the white side of scrapbook paper.
--

Directions:

With the cards face-down in a rectangle, the first player will turn over two cards. If they match, the child keeps the cards and tries for another match. If they don't match, it is the next player's turn. Play is finished when all the matches have been found. Winner has the most matches.
--

Modifications for younger or older kids:

Younger Kids: None

Older Kids: Challenge them by making them pick 3 cards to find

Rainforest #9

Type (game/art/music/dance/STEM)	Game
Title	RainForest Gross Motor

Items Needed:

Large Dice and Template

<https://www.3dinosaurs.com/printable/amazon-rain-forest-gross-motor-cards>

Directions:

Roll the dice and do the movement that goes with the number

Modifications for younger or older kids:

Younger Kids: Can follow the movements lead by instructor

Older Kids: Can work in a group or as a team. They can also come up with their own moves

Rainforest #10

Type (game/art/music/dance/STEM)	Art
Title	Binoculars

Items Needed:

1. Toilet Paper Tubes (2 per binocular)
2. camo scrapbook or printer paper
3. brown string or yarn or twine
4. paint or markers
5. hot glue gun with glue
6. optional – mod podge

Directions:

1. Step 1: Using acrylic paint, paint markers, or markers color the “tips” or ends of your toilet paper rolls. I painted green and purple on mine to coordinate with the camo colors I had. I wanted to do pink but didn’t have any on hand.
2. Step 2: Wrap your camo paper around the toilet paper tube and secure using glue, tape, or mod podge. Mod podged makes it last longer. As for the camo paper you can use camo scrapbook paper or print it online. (print free from Granny Enchanted.) Make sure to let your mod podge dry thoroughly before moving on.
3. Step 3: Using your hot glue gun attach your brown yarn or string around each end of the toilet paper tube
4. Step 4: Still using your hot glue gun attach two toilet paper rolls together completing your binoculars! You can add a string to hang around your neck if desired but we left ours as is so they didn’t get twisted together.

Modifications for younger or older kids:

Younger Kids: Assist the younger kiddos. They will need help. You can prep ahead of time to make it easier

Older Kids: Monitor when using the hot glue gun. If they can do the activity by themselves let them but monitor

Rainforest #11

Type (game/art/music/dance/STEM)	Game
Title	Coconut Bowling

Items Needed:

1. fill six plastic bottles with water for the “bowling pins”. We added a few drops of blue food coloring to each bottle to create the illusion of ocean water.
2. coconut bowling balls! Or any ball will work

Directions:



Bowl and have fun!

Modifications for younger or older kids:

Younger Kids: N/A

Older Kids: Can play against each other and keep tabs (points)

Rainforest #12

Type (game/art/music/dance/STEM)	Game
Title	Frog Toss

Items Needed: Prep activity ahead of time or do steps that require usage of the knife ahead of time. Do the rest with kiddos

1. an old box (I used one end of a big apple box)
2. bright green poster-board
3. black, white, red construction paper
4. knife
5. scissors
6. tape

Directions:

1. With a knife, carefully cut out a great big smiley mouth on top of the box (do ahead of time)
2. With the piece you just cut out, flip it over and trim the round part to make

- bumps. These will be the frog's eyes!
3. Measure your poster board (if you have a really big box, you might need 2 poster-boards).
 4. Turn the box over and from the inside, trace the mouth shape onto the posterboard so you can easily cut it out. THEN tape all the green poster-board onto the box. I used double stick tape at first, then packaging tape to keep the edges down:
 5. Cut out 2 big white circles, and 2 smaller black circles. Tape together. These are the eyes.
 6. Then Use the "mouth" shaped cut-out to cover the eye-shaped cardboard. Then tape on the eyes.
 7. Then use packaging tape to tape the eye piece onto the back of the box:
 8. Cut out a long strip of red paper. Tape it onto the inside of the mouth and curl it on the end with a pencil:
 9. Use black paper as "flies" to toss into the frog's mouth.

Modifications for younger or older kids:

Younger Kids: **Prep ahead of time.** The younger kiddos can decorate the box to give the frog a design.

Older Kids: Older kiddos can help with making the box, minus the parts that require the knife. That should be done prior to presenting the activity.

Rainforest #13

Type (game/art/music/dance/STEM)	Art
Title	Paper Plate Lady Bugs

Items Needed:

1. white paper plates
2. black, red and a variety of other colors of paint
3. googly eyes
4. small and large brushes.
5. Pictures of a ladybug

Directions:

Show the children pictures of ladybugs and then let them create their own. Don't limit them to red and black ladybugs! You just never know what creations they'll come up with!

Modifications for younger or older kids:

Younger Kids: Let them get messy and creative!

Older Kids: Have them name their ladybug and get creative, add a story to go with the ladybug or an adventure.

Rainforest #14

Type (game/art/music/dance/STEM)	Game
Title	Leaf Matching

Items Needed:

Outside Leaves /items

Directions:

Have the children find leaves while outside. Place them on a table for the children to

match and sort.

Modifications for younger or older kids:

Younger Kids: Younger kids can collect leaves and count or play with the leaves (step on them) have fun with it!

Older Kids: Older kids can scavenger hunt and find other objects that match

Rainforest #15

Type (game/art/music/dance/STEM)	Game
Title	Sticky Spider Web

Items Needed:

<p>Sticky spider web activity is perfect for indoor play, and can be done in any doorway, hallway or other somewhat narrow place that you have.</p>

1. Painters tape if available if not scotch tape will do
2. Newspaper, magazine any recycled paper

Directions:

- | |
|--|
| <ol style="list-style-type: none"> 1. Use painter's tape and make a spider web to span the width of a door. 2. Have children separate the newspapers and scrunch each one into a ball 3. Have children throw the "ball" onto the spider web |
|--|

4. Enjoy and have fun!

Modifications for younger or older kids:

Younger Kids: Have them scrunch up the newspaper or magazine into balls to stick to the web

Older Kids: Older kiddos can create their own web or they can work together and create a large web

California Coast

California Coast #1

Type (game/art/music/dance/STEM)	Water & Race
Title	Message in a Bottle

Items Needed:

- Two kiddie pools or long rectangular bins
- Water
- Paper
- Pen/pencil
- Two bottles with a lid

Directions:

1. Split into two equal teams.

2. Choose a “messenger” for each team.
3. The messenger will wait at the other end of the space or grass area across from the team.
4. One by one, each person from each team will have to try to create waves with the bottle in the bottle with a message or task inside, creating the waves to make it float towards their teammate/messenger.
5. Once the messenger receives it must complete the task (collect 3 rocks for example).
6. Whoever on each team is first to get the bottle to the messenger and completely the task wins.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

California Coast #2

Type (game/art/music/dance/STEM)	Balance, Strength, and Focus
Title	Surf & Turf

Items Needed:

- Two surfboards (If you do not have any, use boogie boards or a piece of a board that is not too big about 2-3ft long)
- Two half way deflated balls or buckets (depending on how many are playing)
- Bathing suit or clothes that are okay with getting wet, grassy area for safety
- Proper shoes with grip that can get wet.

Directions:

1. Two groups will split up into 2 teams.

2. Each teammate will participate, and whoever is first in line must start.
3. The person will stand on the board with the board on top of the bucket.
4. Their teammates will fill their buckets with water.
5. Music will play and you have to dance/act like you're surfing.
6. As you act, our surfing water will be splashed and thrown at you (mainly at body and feet not face).
7. Person on board must try to balance and stay on and surf!
8. Whoever falls off first, loses!

Modifications for younger or older kids:

Younger Kids:

Older Kids:

California Coast #3

Type (game/art/music/dance/STEM)	Active, toss, team interactive
Title	

Items Needed:

- Beach ball (or more than one if a large group)
- A way to play music and control pause & play

Directions:

1. Put all kids in a circle or across from each other if only 2 kids.
2. Once the music starts, have the kids toss and catch the ball back and forth.
3. Once music stops, whoever the person had the ball lost is out of the circle/game.
4. Objective is to move quickly and catch the ball to avoid the time going by.
5. Last one standing wins.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

California Coast #4

Type (game/art/music/dance/STEM)	Team oriented, strategy, and speed
Title	Sand Castle

Items Needed:

- Buckets or sand buckets for more a beach them

Directions:

1. Split into two teams
2. Each team will have to stack the buckets on top of each other once timer starts
3. Creating a castle or tier of buckets.
4. When time is up, they will be judged by who has the highest stack
5. Tallest castle of buckets wins.

Modifications for younger or older kids:

Younger Kids:

Older Kids

California Coast #5

Type (game/art/music/dance/STEM)	Team oriented, focus, and race
Title	Pass the Water

Items Needed:

- Cups
- Water

Directions:

1. Split into two teams forming two lines apart from each other.
2. Each teammate must pass the filled cup of water overhead to the teammate behind them.
3. Who ever has the most water left in the cup wins. If the same amount then whoever reached the end of the line first wins.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

California Coast #6

Type (game/art/music/dance/STEM)	Speed, focus, aim, and race
Title	Water Balloon Piñata

Items Needed:

- Darts (depends on age) stick or utensil with pointed end
- Water
- Balloons
- String
- A tree or somewhere to hang balloons

Directions:

1. Split into teams or do a one on one game.
2. Hang all filled balloons in an area high up a few feet above children's eye level.
3. When time starts, each person will throw darts or swing stick/bat at water balloons.
4. Whoever pops them all or the most wins. You can pop only a few at a time and shorten the timer if a lot of teammates are participating.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

California Coast #7

Type (game/art/music/dance/STEM)	Team oriented
Title	Water Balloon Toss

Items Needed:

- Water
- Balloons

Directions:

1. Each teammate will pick a partner.
2. Partners will stand across from each other.
3. Partners will toss water balloon lightly to one another.
4. If it pops, that team is out.
5. Last team standing wins!

Modifications for younger or older kids:

Younger Kids:

Older Kids:

California Coast #8

Type (game/art/music/dance/STEM)	Race, team oriented
Title	Sponge Bucket Race

Items Needed:

- Large Sponges
- Buckets

Directions:

1. Split into two teams and two separate lines.
2. Each teammate will grab the sponge from the water making sure it's soaked with water.
3. They must run to the empty bucket and squeeze the water into it.
4. Once squeezed they must bring the sponge back to the bucket of water and drop it in.
5. Next person repeats.
6. Team with the most water filled in their empty bucket wins!

Modifications for younger or older kids:

Younger Kids:

Older Kids:

California Coast #9

Type (game/art/music/dance/STEM)	Race, speed, and focus
Title	Underwater Scavenger Hunt

Items Needed:

- Large bins or container to hold a large amount of water
- Random toys/kids safe items
- Goggles

Directions:

1. Split into teams or one on one.
2. Have the person going first put on goggles.
3. Nanny will tell them to find an item in the bucket.
4. They must not use their hands only their mouth when find item “under water”
5. Once found if one on one who ever found it first wins first round and can keep going for as many rounds for whoever has the most points.
6. If teams, then whichever team finds the most items wins.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

California Coast #10

Type (game/art/music/dance/STEM)	Finding, team oriented
Title	Seashell scavenger hunt

Items Needed:

- Seashells (real, plastic or toy)
- Buckets

Directions:

1. Split into two teams or one on one.
2. Set a time to go hunt for the seashells
3. Who ever finds the most seashells wins.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

California Coast #11

Type (game/art/music/dance/STEM)	Sport, active, team or one on one
Title	Basketbeachball

Items Needed:

- Large basket or large bucket
- Medium or small beach ball

Directions:

1. Split into two teams or one on one.
2. Take turns each person toss the beach ball and making into the basket/bucket.
3. Whoever or whichever team receives the most points wins!

Modifications for younger or older kids:

Younger Kids:

Older Kids:

California Coast #11

Type (game/art/music/dance/STEM)	Sport, active, team or one on one
Title	Basketbeachball

Items Needed:

- Large basket or large bucket
- Medium or small beach ball

Directions:

1. Split into two teams or one on one.
2. Take turns each person toss the beach ball and making into the basket/bucket.
3. Whoever or whichever team receives the most points wins!

Modifications for younger or older kids:

Younger Kids:

Older Kids:

California Coast #12

Type (game/art/music/dance/STEM)	Team oriented, balance and focus
Title	Beach Towel Volley Ball

Items Needed:

- beach towel
- beach ball or light ball

Directions:

1. Each person must have a partner.
2. Each team will toss the ball with the beach towel to the other team.
3. Who ever drops the ball is out.
4. Last team standing wins!

Modifications for younger or older kids:

Younger Kids:

Older Kids:

California Coast #13

Type (game/art/music/dance/STEM)	Race
Title	Stay in the Shade

Items Needed:

- Umbrellas
- random items

Directions:

1. Split into two teams or one on one.
2. Each person will carry an umbrella while running to a shaded area to grab an item instructed by the nanny and return back to the team.
3. Next person will do the same.
4. Team who brings all items to their team first wins!

Modifications for younger or older kids:

Younger Kids:

Older Kids:

California Coast #14

Type (game/art/music/dance/STEM)	Speed, teamwork
Title	Let's Get Beach Ready!

Items Needed:

Two of each item

- beach towel
- beach bag
- Floaties
- Sunglasses

- Sandals
- Sunscreen
- hat

Directions:

1. Split into two teams or one on one.
2. Each person from each team one by one and put on every single item completed, will pose then take off and run back to their team.
3. Next person repeats
4. First team to have teammates finish putting on the items wins!

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Tokyo

Tokyo #2

Type (game/art/music/dance/STEM)	Pretend team work
Title	Animal Cafe

Items Needed:

- Lunch for the day
- Table
- Chairs
- Favorite stuffed animal
- Toys that look like fake food or create it with construction paper.

Directions:

1. To pretend like we are in Tokyo, have the kids during lunch time grab a stuffed animal as their “pet”.
2. They can make a “lunch” (fake lunch) for their animal.
3. They can have the animal join them during lunch time.
4. Then we can take our “pets” on a walk.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Tokyo #3

Type (game/art/music/dance/STEM)	Similar to red light green light, race, competition, focus, follow instructions
Title	“Tokyo Traffic Jam”

Items Needed:

- Item that looks like a handle or steering wheel

Directions:

1. Each child will start at the starting line.
2. When the nanny says go, each person will run towards her till she gets a different instruction.
3. The instructions will be left, right, stop, or reverse.
4. Which ever kid can not bump into other “drivers” as the last one standing wins!

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Tokyo #4

Type (game/art/music/dance/STEM)	Race, speed
Title	KiddyLand Spree

Items Needed:

- A lot of different kinds of kid items or toys, bucket, or cart

Directions:

1. Split into two teams or one on one if only two children.
2. When the timer starts and the nanny says go, have each child grab their bucket or cart and run to the toy items.
3. When they get to the toy items, have them fill their bucket or multiple buckets if one on one with as many toys as possible.
4. This will repeat turn by turn if 4 kids or more.
5. The team or child who finished with the most items “bought” wins!

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Tokyo #5

Type (game/art/music/dance/STEM)	Craft, pretend play
Title	Tokyo Tour

Items Needed:

- Craft supplies
- Construction paper
- Glue
- Coloring utensils
- Scissors

Directions:

1. Nanny will help print or research different places of Tokyo.
2. Child will choose the place they want to “create”.
3. Nanny will help them be placed in various places inside or outside home.
4. Once all places are “created” or finished, nanny will children create a map of the different places created
5. They will go on a “tour” and visit each place in “Tokyo” if cafe or eating area during lunch time take it with you.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Tokyo #6

Type (game/art/music/dance/STEM)	Adventure, pretend play
Title	Neon Lights

Items Needed:

- Packs of glow sticks
- Neon string lights
- Blankets
- Chairs
- Tape
- Sam light, lantern, or flash light

Directions:

1. Create a space outside or inside preferably at night time.
2. Put chairs a few feet across from each other. 6 chairs total, 3 on each seat side facing opposite of each other.
3. Put neon string lights on and around chairs along with glow sticks. Use tape if needed.
4. Put blanket on the floor/grass area for kids to lay or sit on.
5. Put two large blankets over top to create the neon lights area/ fort.
6. Bring books to read stories and small light or lantern.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Tokyo #7

Type (game/art/music/dance/STEM)	Craft, create
Title	Tokyo Playhouse

Items Needed:

- Packing tape or strong tape
- Pieces of cardboard
- Post its
- Coloring tools

Directions:

1. Based on photo crest four different walls for playhouse.
2. Tape together.
3. Have two cardboard panels for roof and tape together.
4. Create a door flap or window flask that open and close easily.
5. Use post its to make “roofing” have children decorate and color as they would like.
6. Google Tokyo children art to draw on the house



Modifications for younger or older kids:

Younger Kids:

Older Kids:

Tokyo #8

Type (game/art/music/dance/STEM)	Creative, fun, competition, tag
Title	Pokémon!

Items Needed:

- if possible Pokémon balls

Directions:

1. Split into two teams or one on one.
2. Opponents must be facing each other and across from each other by 6 feet.
3. When the nanny says go, everyone will point at a person they choose and say "Pokémon".
4. Whoever says it first wins that round and says it after loses.
5. Whoever the last one standing wins.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Desert Digs

Desert Digs #2

Type (game/art/music/dance/STEM)	Art
Title	Paper Plate Snake

Items Needed:

1. Paper plates
2. Paints and brushes
3. Colored paper for the tongue
4. Googly eyes
5. Glue
6. Scissors

Directions:

1. Paint your plate in your snake design and leave to dry. Only paint the inner circle and cut off the rim.
2. Either free hand or following a spiralling pattern drawn on the other side of the plate cut out your snake.
3. Stick on your eyes and tongue or draw your eyes on
4. Attach some string to your snake so that it hangs up.

Modifications for younger or older kids:

Younger Kids: Assist them as needed and let them draw their own pattern, it doesn't have to be perfect. Aide in cutting and drawing if needed. Tape to the wall no string.

Older Kids: Create a desert mobile, adding other animals or scenery that live in the desert. Armadillo, butterfly, cactus etc.. to make a desert mobile.

Desert Digs #4

Type (game/art/music/dance/STEM)	Game/ Dance
Title	Desert Animal Movement Cards

Items Needed:

1.Desert Animal Cards - See attached file pg 58-69 for pictures

https://drive.google.com/file/d/1ws0ple3RKM98gl_dqi6H-BKyiCnuydeu/view

Directions:

1. Use the cards to create dance or movement games. Have children dance like a slithering snake or roll body like an armadillo. Put music on that represents the desert, country music (age-appropriate)
2. <https://www.youtube.com/watch?v=K7NlqbbG9DY>
3. Start dancing and moving!

Modifications for younger or older kids:

Younger Kids: Let them move their bodies in different ways and move with the music.

Older Kids: Have them create a dance move picking one of the animals in the desert.

Desert Digs #5

Type (game/art/music/dance/STEM)	Art
Title	Painted Desert Rocks

Items Needed:

1. Rocks of different sizes and shapes
2. Paint and Paint Brushes

Directions:

1. Collect rocks from outside; Paint small rocks with acrylic paint and let them dry.
2. Paint them with various desert themes (cactus, desert scenes)
3. Place the project on paper towel or outside to let dry

Modifications for younger or older kids:

Younger Kids: Paint rocks only and let them dry, go on a hunt for different rocks and other outside items that can be painted and included in the planter.

Older Kids: Make a planter for parents, decorate the planter with a desert design, swirls, lines, desert animals, etc.. Make more than one if possible

Desert Digs #6

Type (game/art/music/dance/STEM)	Art
Title	Camel Craft

Items Needed:

1. Two cups of an egg carton
2. Paint
3. Glue
4. Googly eyes
5. Egg carton
6. Scissors

Directions:

1. From the 2 cups of the egg carton cut out a single piece.
2. Now take another egg carton and cut out rectangular strips from its bottom and top.
3. These rectangular strips are to be painted brown too.
4. Paste these rectangular pieces with glue on either side of both the cups to make the legs.
5. Now paste the single cup to form the head.
6. Attach the googly eyes on both sides of the cup.
7. Paint the single piece brown

Modifications for younger or older kids:

Younger Kids: Prep ahead of time, if possible or take a model. Instead of googly eyes, draw the eyes. Have them paint the egg cartons any color to make it colorful.

Older Kids: Create other animals with leftover egg cartons. Ex. gecko, wolf.

Desert Digs #7

Type (game/art/music/dance/STEM)	Art to Music
Title	Sand Paper Art

Items Needed:

1. Super Fine Sandpaper
2. Bowls for mixing paint and brushes
3. Colored Drawing Chalk
4. Cornstarch
5. Liquid Watercolor Paints
6. Crayons
7. **Background music to paint along to. Preferably desert style music.**

Directions:

1. You will use the sandpaper as the canvas.
2. Equal parts cornstarch and water along with a few drops of liquid watercolors will give you liquid chalk, mix in a bowl.
3. rub chalk all over the sandpaper.

Modifications for younger or older kids:

Younger Kids: Use only one color at a time or just use chalk. Sand paper may be too rough for some kiddos, cut it in half and make it smaller.

Older Kids: Draw a desert scene after painting the sandpaper.

Desert Dig #8

Type (game/art/music/dance/STEM)	Dance/ ART
Title	Desert Yoga

Items Needed:

Towel or mat can be done inside and outside.

Directions:

Camel

Cat pose. Arch your back to make a hump like a camel!

Cactus Flower

Flower Pose.

Tortoise

Turtle Pose.

Scorpion

Stand with your legs spread apart. Turn your feet so they are slightly facing outward. Slightly bend your knees and hold. Move your hands in front of you like a scorpion, opening and closing your fingers.

Sunshine

Mountain Pose. Raise your arms above your head and look up towards the sun.

Jack Rabbit

Squat on the floor with your weight on your toes. Spread your knees as far apart as you can. Make sure your hands are in between your knees on the floor. Hop up into the air and repeat.

Gecko

Bow Pose.

Black Widow

Reverse Table Top. Move your arms and legs to walk like a spider.

Rattlesnake

Cobra Pose. Add a hiss like a snake if you'd like!

Cactus

Tree Pose.

Ostrich

Dancer Pose.

Meerkat

Start out kneeling making sure you are sitting back on your heels. Place your hands on your knees. Spread your fingers out wide. Take a deep breath in and raise up into tall kneeling. Hold and repeat.

Modifications for younger or older kids:

Younger Kids: Do light stretches and have them work on breathing.

Older Kids: Make it a workout- switch up the moves to workout moves.

Desert Digs #9

Type (game/art/music/dance/STEM)	Art
Title	Popsicle Stick Cactus

Items Needed:

1. Jumbo Popsicle Sticks {3 per cactus friend}
2. Mini Popsicle Sticks {2 per cactus friend}
3. Green Craft Paint
4. Paint Brush
5. Small Paper Plate
6. Green Colored Cardstock
7. Scissors
8. School Glue
9. Black Marker
10. Wiggle Eyes {2 per cactus friend}

Directions:

1. First grab THREE jumbo popsicle sticks and TWO mini sized ones {this is per cactus friend you want to make} Lay the three jumbo popsicle sticks next to each other, one by one, on a flat surface.
2. Now grab your two mini popsicle sticks and glue them the other direction to create a fence.
3. Once all the popsicle sticks are glued together, set it aside to let it all dry completely. Repeat for each cactus friend you want to make.
4. When your piece is dry have children paint the front of it completely green, while you cut out two cactus arms from the green cardstock.
5. Next glue those cardstock pieces in place as well as the two wiggle eyes to give your friend life!
6. To finish off the Popsicle Stick Cactus Friends, grab your black marker and start

making small x's all over your piece to represent the needles on the cactus.

Modifications for younger or older kids:

Younger Kids: Pre glue the sticks together, paint them green and have them draw on the popsicle sticks

Older Kids: Can also add other embellishments you see fit {think hairbows, glitter or even some rhinestones for a girly customized look}

Desert Digs #11

Type (game/art/music/dance/STEM)	Music
Title	Dance to the beat of the Desert

Items Needed:

1. <https://youtu.be/K7NIqbbG9DY>
2. <https://youtu.be/MC5Gi2Hw6dl>
3. <https://youtu.be/vtAHvQnZVGU>
4. Bubbles

Use phone to play music, if you have a bluetooth speaker on hand even better!

Directions:

1. Dance to the beat of the music, can be country music, desert music, quiet music.
2. Use scarfs or any item available to dance with. A scarf is fun to dance with.
3. Blow bubbles while you dance.

Modifications for younger or older kids:

Younger Kids: No bubbles or only bubbles. Blow bubbles to the music

<https://youtu.be/XM7Jnetdf0I>

Older Kids: Make it a game, fast and slow, musical chairs, freeze tag.

Desert Digs #14

Type (game/art/music/dance/STEM)	Game
Title	Cactus Number Puzzles

Items Needed:

Scissors
 Popsicle sticks
 Glue
 Colors, markers, anything to draw with.
 Pdf only pages 3-8 (**CACTUS CARD PRINTABLE IN DRIVE**)

Directions:

Cut the puzzles. Only the vertical lines.
 Glue them onto the popsicle sticks
 Complete the puzzle

Modifications for younger or older kids:

Younger Kids: Will need more assistance from an adult, adult can guide and help as seen fit. Practice numbers 1-10

Older Kids: Can create their own puzzles using the popsicle sticks. Ex creates a desert by drawing(marker, crayons, pastel) on the popsicle sticks and having someone else complete the puzzle.

Desert Digs #15

Type (game/art/music/dance/STEM)	Art
Title	Wind Chime

Items Needed:

1. paper lunch sacks, 1 per child
2. magazine/ newspaper pages
3. tissue paper
4. scissors
5. glue or tape
6. yarn or twine
7. hole punch
8. stapler, optional

Directions:

1. Fill the paper bag with paper as much as you'd like
2. Don't do it too full or it will be too heavy to hang.
3. Crinkle the magazine papers to fill the bag the rest of the way.
4. Fold over the top of the bag and secure with a piece of tape or staple shut.
5. Cut the tissue paper into strips that are long enough to wrap around the paper bag.
6. Cut fringe along a long the edges of the tissue paper strips by cutting slits half way up your tissue paper, every inch or so.
7. Using glue or tape, secure a piece of fringed tissue paper around the bag. The tissue paper should slightly hang over the bottom of the bag.
8. Repeat with another strip of fringed tissue paper, overlapping the previous strip just slightly. Continue until your entire bag is covered.
9. Punch two holes at the top, one on each end.
10. Cut a piece of yarn a few feet long and thread it through one hole of your wind chime, securing it with a knot. Secure the other side of the yarn to the other side

of the bag.
11. Cut several more 1-inch strips of tissue paper, about 4- 6 inches long. Tape them to the bottom of the wind chime

Modifications for younger or older kids:

Younger Kids: Have them work on one together with guidance

Older Kids: Can do activity independently and make more than one. How can they turn this into a workable wind chime? Is it possible? Do materials need to be different? Use toilet paper rolls instead of a bag, how does that change the activity? Does it fly more?

Under the Sea

Under The Sea #2

Type	Activity
Title	Bubble Wrap Fish

Items Needed:

Different Paint Colors including white
White Paper (big enough to cut a decent size fish)
Scissors
Trash bags for stuffing or other recycled items
Stapler
Bubble Wrap
String for hanging
Black permanent marker

Directions

1. Pour different colors of paint on the tray, add white paint to all colors giving it a different color pattern (glitter optional)
2. Then used these to dip in, rock from side to side, print straight onto plain white sheets of paper.
3. The adult should Draw simple fish shapes and cut out two sheets of print at a time, with the back side of the paper facing inwards, staple around the outside almost the whole way, leaving an opening as you would when doing a sewing project.
4. Chop up some large pieces of plastic bags and stuff them inside until the fish were 3 dimensional, staple the opening closed. You could use all sorts of other recycled materials for stuffing with
5. Together draw on eyes and faces using a black marker, then add some thread to start hanging the happy fish!

Modifications for younger or older kids:

Under the Sea #3

Type	Activity
Title	Seahorse Art Project

Items Needed:

- Seahorse Template
- Bleeding Tissue Paper
- Circle Punch (Optional)
- Black Construction Paper
- Pen, Glue, Scissors

Directions:

1. Print up your *seahorse template* on cardstock or watercolor paper. You will need one template per child, and your final project will be facing the opposite direction of the seahorse template.
2. Cut out punch out paper small bits of bleeding tissue paper. Bleeding punch-out paper is different than standard tissue paper. You can purchase bleeding Tissue paper at your local craft store on with the resource link above
3. Turn your seahorse template over so that you're working on the backside of the paper. Using a small paintbrush and a dab of water begin arranging your tissue paper onto your paper.
- 4. As your paper gets wet it will start to bleed the color and blend with surrounding colors for a stunning effect. Don't be tempted to peel off the color too soon! You'll want to let it dry so that as much color as possible is transferred to your paper. Let it dry , then peel it off!**
5. Once you are sure that you've covered your entire seahorse you'll want to let it dry. If you are unsure if you covered your seahorse template in entirety you can always lift your paper to see what still needs covered. As soon as the tissue paper is dried, you can gently peel off the circles to reveal the beautiful color blends that transferred to your paper. Cut out your shapes
6. After your paper has dried completely (use a hair dryer if you are impatient or doing this in a single classroom setting) you can begin to cut out your shapes. I suggest cutting these out one at a time assembling them carefully in the correct order. Younger children will need help with the cutting so be sure to plan for that if you're doing this project with multiple young students. Assemble your seahorse.
7. Using a piece of black construction paper as your background, begin to assemble your seahorse parts. You may want to print a second copy of the seahorse template to use as a reference guide. Be sure to leave black spaces shining through just as in the template.
8. As you add more pieces you'll see your seahorse come to life. To give your seahorse a 3-d effect, you can only glue the center of each piece, and allow the edges to lift up and away from the paper. Add details!
9. Using a fine black marker draw lines, dots, and circles along the edges of your seahorse. This will give your stunning ocean creature some personality! Put your seahorse on display!

Modifications for younger or older kids:

TBD

Under The Sea #4

Type	Activity
Title	Seashell Painting and Pasting

Items Needed:

- Seashells
- Paint/ Paintbrushes
- Cardstock for each child (1 page)
- Glue (strong)

Directions:

1. Paint all seashells
2. Draw the beach on the poster board
3. Let dry, then paste on poster board

Under The Sea #5

Type	Activity
Title	Under the Sea Puzzle

Items Needed:

- Cardstock for each child
- Scissors

Directions:

1. Have each child create their own puzzle by first coloring an underwater scene (look up pictures on phone to show them).
2. Kids then cut it up into different pieces (cut up own puzzle), kids then can swap puzzles to solve.

Modifications for younger or older kids:

Cut up puzzle pieces for the younger kids after they are done creating.

Under the Sea #6

Type (game/art/music/dance/STEM)	Game
Title	Jelly Fish Jump

Items Needed:

4-5 hula hoops (or towels)

Directions:

<p>Set 3-4 Hula-hoops on the ground (or towels in circles). Explain to the kids that these aren't hoops, but jelly fish, and their task is to jump from one jelly fish to the next. Their feet must land inside the hoops, otherwise they've been stung. At first, lay the hoops at a short distance from one another. After one round of jelly fish jumping, increase the distance between the hoops and have the kids jump again. Continue increasing the distance until the hoops are really far apart. The winner is the kid who makes it through the hoops without ever getting stung.</p>

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Under the Sea #7

Type (game/art/music/dance/STEM)	Game
Title	Turtle Race

Items Needed:

None

Directions:

<p>Have the kids pair up. Designate the EAC (East Australian Current) through which the kids will be racing (their race track), and have them carry each other piggy back. You can come up with some fun rules. For instance, if anyone drops their partner they have to go to the starting point, or, let's see who's the slowest turtle, etc. This kid game can also be played with two groups instead of pairs.</p>
--

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Under the Sea #8

Type (game/art/music/dance/STEM)	Game
Title	Shark Tag

Items Needed:

None

Directions:

Designate the Shark (you can even make a headband with a shark fin to make the kid-shark feel like a real Jaws...) And have the kids play tag. Whomever the Shark eats either is out or also transforms into a Shark. You can have lots of fun with this kid game.
--

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Under the Sea #9

Type (game/art/music/dance/STEM)	Game
Title	Whale Talk

Items Needed:

None

Directions:

<p>This is one of those games for kids that everyone sits in a circle. Come up with a fun sentence and whisper it to the first kid. He has to whisper it to the kid sitting beside him, but in Whale Talk. You can imagine how distorted the sentence will be once it reaches the last kid who says it out loud to everyone's enjoyment. Another great idea is to designate five minutes of Whale Talk only where the kids can only speak in Whale Talk. You can also take any of the other games and just do them in Whale Talk. This is loads of laughs – just like in the Finding Nemo movie!</p>
--

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Under the Sea #10

Type (game/art/music/dance/STEM)	Game
Title	Octopus Tag

Items Needed:

None

Directions:

<p>For this game, one kid begins as the Octopus in the middle of a large playing area. All other kids are Fish who must try to run past the Octopus to the other side of the playing area. If a Fish is tagged, they then hold hands with the Octopus and become a tentacle to help tag more fish. The last Fish alive becomes the next Octopus.</p>
--

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Under the Sea #11

Type (game/art/music/dance/STEM)	Game
Title	Fish fish shark

Items Needed:

None

Directions:

<p>This game is the same as duck, duck, goose but instead of saying "Duck, Duck, Goose" they say "Fish, Fish, Shark". You can also exchange the terminology to be more "Nemo" friendly and say Dory, Dory, Bruce! Have children sit in a circle with one staying out. That child becomes "Nemo" and he/she walks around the circle tapping each child on the top of the head. With each tap they say, "Dory" until they choose one to be "Bruce". Bruce is the shark so the person chosen as Bruce will jump up and chase "Nemo" around the circle. If Nemo makes it back to the open spot, they sit down. The child still standing becomes Nemo and thus the game continues.</p>

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Under the Sea #12

Type (game/art/music/dance/STEM)	Game
Title	Island Hop Dance Game

Items Needed:

Hula hoops or towels

Directions:

<p>Set up hula hoops on floor (all over the room or outside); use towels to form circles if there are no hula hoops.</p> <p>Play island music. When it stops, kids must land on an island (hula hoop), keep going and removing hula hoops every 2-3 times until the last child is standing.</p>

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Under the Sea #13

Type (game/art/music/dance/STEM)	Game
Title	Crab Soccer

Items Needed:

Soccer ball or beach ball

Directions:

Play soccer but everyone must be in a crab position (hands and feet on ground, facing up towards sky). Try to do it on a soft surface like a grass field.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Under the Sea #14

Type (game/art/music/dance/STEM)	Craft
Title	Under the Sea Plate Crafts

Items Needed:

Paper plates (1 per)
Paint and paintbrushes
Cardstock, scissors, glue

Directions: See examples below or find pics online:





UNDER THE SEA Paper Plate Craft

See example:

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Under the Sea #15

Type (game/art/music/dance/STEM)	Craft
Title	Painted Fish Rocks

Items Needed:

Rocks (find outside)
Paint
Paint brush
Glue
Decorations (googly eyes, paper, craft foam...)

Directions:

Paint and decorate rocks; many examples online
--

Outer Space

Outer Space #3

Type (game/art/music/dance/STEM)	Art
Title	Puffy Paint Solar System

Items Needed:

- **Puffy Paint -- get some Glow Puffy Paint, too!**
- **Planet Cutouts {can use the printable-link below}**
<https://coloringfolder.com/solar-system/>
- **Wax Paper**
- **Double Sided Tape**

Directions:

- 1.First print out your Planet Cutouts or draw your own.**
- 2.Next** lay a sheet of wax paper over the planets, you might find it helpful to hold down the wax paper with some double sided tape.
- 3.Using the planet cutouts as a guide, begin tracing around and filling in the cutout with puffy paint (*more puffy paint is better in this case*)**
 -Encourage kiddos to apply the puffy paint liberally!!
 -You don't want it too thin or it might not peel off the wax paper very well.
- 4.When the planets have all been filled in with puffy paint, give them several hours to dry--** overnight is best.
- 5.Once dried, carefully peel them off the wax paper.** You may find it best to peel the edges first.
- 6.When they've all been separated from the wax paper, it's time to create some window art!** Have fun moving the planets around; learn about the order of the planets, too!

Modifications for younger or older kids:

Younger Kids: Younger kids may need assistance when tracing the cutouts and squeezing the puffy paint. Depending on the kiddos age and skill level it might be best to cut out the planets individually and do one by one.

Older Kids: Create a solar system. Add more planets, the moon, the sun, stars, asteroids and meteoroids. (pdf can be used or they can draw their own) They can get as creative as they want.

Outer Space #5

Type (game/art/music/dance/STEM)	Art/ STEM
Title	Paint Stick Solar System

Items Needed:

1. paint stick
2. various colors of paint
3. paintbrushes
4. clothespins
5. Markers
6. Black construction paper

Directions:

1. First paint the paint stick black.
2. After a few minutes, begin painting the solar system on the paint stick.
3. Start by painting the sun at the top of the paint stick and then using various colors of paint, paint each of the planets working your way down the paint stick.
4. Once your paint stick solar system is complete, **let it dry**. In the meantime **collect 8 clothespins and markers**.
5. On each clothespin write a name of a planet.
6. Once everything has dried, have your child **match each of the planets by clipping the correct clothespin onto the coordinating planet on the paint stick**.

Modifications for younger or older kids:

Younger Kids: Work on fine motor skills and practice clipping the clothespin onto the paper. Will need assistance in painting the planets or as an alternative they can use markers and draw circles to represent the planets. Writing the name of the planet will

have to be done by an adult unless they can write letters , it can be dictated and adults will help when needed.

Older Kids: Can do this independently and make more sticks if need be. Activity can be extended to include constellations, instead of using paint they can draw or use markers, color pencils, colored pens, if they have these items.

Outer Space #8

Type (game/art/music/dance/STEM)	Dance
Title	Space Dance

Items Needed:

1. Balls or balloons
2. Electronic music (e. g., The Planets by Horst)

Directions:

1. For this activity, children represent the sun, moon, and planets, and imagine they are in space above and around the Earth.
2. Using balls or balloons of different sizes or their arms in round shapes, they move around each other turning and spinning. This activity is an opportunity to learn about rotation and revolution and the names of familiar planets. Children can also imagine they are satellites, spaceships, flying saucers, and astronauts. Play the music as a celestial background.

Modifications for younger or older kids:

Younger Kids: Use soft balls if available if not just let them use their arms.

Can do a freeze dance (stop and go) with the song.

Older Kids: Musical Chairs to the music, can use other music for this part of the dance that is similar.

Outer Space #9

Type (game/art/music/dance/STEM)	Game
Title	Outer Space Bingo

Items Needed:

1. Stones, token, cotton ball any item to place on top of the pictures to play bingo.
2. <https://drive.google.com/file/d/0BzKjWRqK5zLsMnp5Sm9heTV5UVk/view>---You will need to print and cut the following pdf link. (If possible laminate it)

Directions:

1. Print out the sets of calling cards (first 2 pages) you will need those to call out.
2. Make sure you have enough for each child.
3. Play Bingo!

Modifications for younger or older kids:

Younger Kids: Use the shorter version, easier items.

Create a blank board and have them cut and glue the pictures onto the paper.

Older Kids: use all the cards and have them call out the cards while you play with them. If a younger sibling is present, have them show the younger sibling how to play bingo.

Outer Space #10

Type (game/art/music/dance/STEM)	Art /STEM
Title	Outer Space Hats

Items Needed:

1. print a copy of the solar system coloring sheet for each child.

<https://www.bestcoloringpagesforkids.com/solar-system-coloring-pages.html>

2. Black construction paper for long pieces(several sheets)
3. Glue
4. Scissors
5. crayons

Directions:

1. Grab several sheets of black construction paper and cut them into 3 inch wide strips. Make a headband that will fit the children's head (measure first)
2. Glue the ends of two strips together to make one long piece.
3. Have the children color the coloring page, assist if needed
4. Cut out the solar systems that were colored and start gluing onto the black strip.

Modifications for younger or older kids:

Younger Kids: Will need assistance and guidance, they don't have to do all the planets just what they want to do.

Older Kids: Can work on this independently. They can draw the planets on the headband instead of coloring, using markers, pens, pencil, whatever they want to use that is available.

Outer Space #11

Type (game/art/music/dance/STEM)	Music
Title	Outer Space Yoga

Items Needed:

1. Towel or yoga mat if available
2. Relaxing music

Directions:

1. Before starting the space adventure to the galaxy of calm. Have children put their mats (towels) in a circle. Start class with yoga rules, terms, and discussion of breathing through the nose. Very simple in and out.

--**Mountain Pose – Take a deep breath sweeping arms up as you inhale and slowly bring hands together at heart center while exhaling (Repeat x 3)**

Poses:

limbing Space Ship Ladder. Cross crawls from Brain Gym – lift left leg and tap it with right hand. Now lift right leg and tap it with left hand. Cross crawls balance brain hemispheres and are great for neurological growth. If this is too difficult either help the child cross midline or have them tap right to right then left to left. Continue for 1 to 2 minutes.

Blast Off. Rev up the engine of the space ship – run in place and then sweep the arms wide while inhaling, as exhale bring the hands to the heart center and sit back in chair pose. Next, jump up as if blasting into outer space. Oh we didn't quite make it – let's rev our engines and try again. This time have children run to the back of their mats and then up to the front (Repeat x3)

Crescent Moon – We finally made it to outer space. Lets circle the moon. Inhale as lift the left hand toward the sky keeping right hand on thigh. Switch sides after 3 breaths.

Hello Mr. Sun (Sunshine stretch). Start in mountain or standing position, bend forward with arms hanging down. Shake head yes and no. Shaking the head relieves tension. Plant hands, take right foot back, then left foot for plank, pull elbows in and slowly lower to floor. Inhale as lie on belly with your hands on the

floor under your shoulders. HISS on the exhale as you push up to cobra x3, tuck toes and push up to down dog, wag your tail, you're a happy dog (Repeat entire stretch x3)

Space Suit – Bring hands overhead and interlace to make space helmet. Firmly plant right foot. Bring left foot up with knee bent. After finding balance have leg make figure 8's in the air to insert it firmly in the space suit. Repeat on opposite leg.

Land on Saturn – Remain in standing position, plant feet with arms straight at sides twist from the waist to make Saturn's rings.

Warrior II –The aliens are coming – Step back wide, with arms floating down to shoulder height, gaze out over front fingers, while keeping the front knee bent, make sure you can see your big toe.

You get the idea, get creative and add more poses!

Modifications for younger or older kids:

Younger Kids: Do minimal and easy poses, change the poses to make it easier for them. Make it fun and don't go into depth with the poses, let them do what they can. .

Older Kids: Challenge them to come up with their own pose and name it! Have them demonstrate it to the other children.

Have them create a story using yoga poses, the alien (yoga pose) went to the spaceship (yoga pose) and so forth. Let them tell a story using their body.

Outer Space #12

Type (game/art/music/dance/STEM)	STEM
Title	Straw Rockets

Items Needed:

1. Straws
2. Tape or [glue dots](#)
3. [Plastic pipettes](#) (or straws with a larger diameter than the other set of straws)
4. [Markers](#), crayons, or colored pencils
5. Scissors
6. [Free Rocket Template](#)

Directions:

1. Print out the [free rocket template](#). Color the rockets and cut them out
2. Cut the bottom off a plastic pipette and attach it to the back of a rocket using tape or glue dots.
3. If you don't have any plastic pipettes handy, you can use a straw instead. (Just make sure this straw is wider than the other straw you'll be using for launching.) Cut the straw to fit the length of the rocket and tape one end shut so it's completely sealed. Attach it to your rocket with glue dots or tape.
4. Slip a straw into your pipette, and you're ready to launch!
5. Give your straw a big puff of air, and watch it take off

Modifications for younger or older kids:

Younger Kids: Assist as needed. Cutting may be challenging for younger kiddos. Guide where you see fit. Talk about fast and slow. Wind and air.

Older Kids: Ask questions:

How does the angle you launch your rocket affect the distance it travels? Try out different angles and record the results. Can you design your own rockets to attach to the pipette or straw? Which designs work better? Try adding another fin to your rocket with tape. How does it affect the flight of your rocket?

Outer Space #14

Type (game/art/music/dance/STEM)	Art
Title	Alien Balloon

Items Needed:

- | |
|---|
| <ol style="list-style-type: none"> 1. Balloons (2) or Styrofoam balls for younger children (2) 2. Permanent black marker 3. Green construction paper 4. Tape |
|---|

Directions:

- | |
|--|
| <ol style="list-style-type: none"> 1. Blow up and tie the ends of two balloons together to create the alien's head and body. 2. Use a permanent black marker to draw the alien's eyes, nose, and mouth. 3. Cut out 4 long strips out of green construction paper. Bend the strips of paper back and forth to create the arms and legs. Use tape to secure these strips to the alien's body. |
|--|

Modifications for younger or older kids:

Younger Kids: Substitute styrofoam balls for balloons, name the alien and they can draw the eyes, nose and mouth to the best of their abilities.

Older Kids: Can follow the directions, they can create other types of aliens or different decorations for the aliens to wear, hats, glasses, shoes etc.. Name the alien and what planet it comes from.

Outer Space #15

Type (game/art/music/dance/STEM)	Game
Title	Counting Stars Bean Bag Game

Items Needed:

1. Blue cake size paper plates (10 or more)
2. Yellow construction paper (5 sheets/ 2 stars on each sheet)
3. Magic Marker (Your choice of color)
4. Bean Bag
5. Tape

Directions:

1. Cut the stars out using the yellow construction paper-you can create a cardboard star out of an old cereal box. You can use it as a template to trace stars onto the paper plates or the construction paper.
2. Then tape yellow stars to the back of the plates.
3. write the numbers one to ten on the stars.
4. Let children help with the cutting. Easier to have them cut the stars out of construction paper. No matter what way you choose to have the stars cut out you children could definitely write the numbers on them
5. Time to play the game!- Have children try to toss the bean bag onto a plate seeing what number it lands on.

Modifications for younger or older kids:

Younger Kids: Have them cut out stars if they can cut, if not have them tape the stars onto the paper plate and write the numbers, they may need to trace the number. If none of those are an option have them say the number as you write it down. When playing the game, call out the numbers and have them count forward or backwards. Identify the numbers for them, if they know their numbers have them go and touch a number as you call it out.

Older Kids: Math time! Have them make addition, subtraction, multiplication or division problems.

Call out a number and have the kiddo try to toss the bean bag to that number, separate the plates further out so it is more challenging.

Hiking and Nature

Hiking & Nature #1

Type (game/art/music/dance/STEM)	Hunt, speed, and focus
Title	Animal Scavenger Hunt

Items Needed:

- Just pairs of eyes

Directions:

1. Each person will have to search in the backyard for a reptile.
2. Whoever the first person who finds it wins! (Does not involve touching the animal). Everyone must see what they found if it gets away, you lose your chance of winning!

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Hiking & Nature #2

Type (game/art/music/dance/STEM)	Find, race
Title	Dig It Up!

Items Needed:

- Dirt/soil
- Shovels
- Random items

Directions:

1. Each person or team will dig in different areas to find what is beneath when timer starts.
2. First person or team to find the most when time is up wins!

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Hiking & Nature #3

Type (game/art/music/dance/STEM)	Watching, focus
Title	Bird Watch

Items Needed:

- Binoculars (if don't have any that's fine too)
- Paper
- Stapler
- Glue or tape
- Notepad
- Pen/pencil

Directions:

1. Each person will watch for birds.
2. Each person will grab binoculars or make a scope.
3. Make scope by rolling paper, tape, glue, or staple paper closed.
4. Each person will watch a bird and describe it in writing, if they can't write yet then just describe it verbally to the teacher.
5. Once described, the teacher will research what birds we discovered. You can make it a winner if one discovers more than one bird. If not can just be a discovery game with no winner.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Hiking & Nature #4

Type (game/art/music/dance/STEM)	Watch, focus, team oriented, and crafting skills
Title	Bird Feeders (2)

Items Needed:

- Apples
- Seed medleys or seed packs, or mashed up mix of seeds
- Trays
- Paint
- String/rope,
- Scissors or knife (have adult assist)

Directions:

First craft

1. Nanny can assist all crafting for kids depending on ages.
2. Slice two apples in half and core them. Scrape and create a circular dip in the apple.
3. Push seeds into dip of apples till all flat.
4. If seeds will not stick inside, try honey as a stick base/glue for seeds.
5. Set apple feeders on top of area where birds will enjoy (fountain, wall, inside tree)

Second Craft

1. Grab trays and paint to decorate and personalize your bird feeding tray.
2. Cut or punch four holes on each corner.
3. Loops string inside holes and tie.
4. Fill the tray with seeds.
5. Hang on a popular bird area (tree, branch or set outside on top of area).

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Hiking & Nature #5

Type (game/art/music/dance/STEM)	Finding, hunt, speed race
Title	Hiker Tracker

Items Needed:

Bulk of same item

- Goldfish crackers
- Pieces of paper
- Rocks
- Shoes

Directions:

1. Each person will choose a partner. One will be the tracker, and the other will be the hiker.
2. Tracker closes eyes and counts to 100 or whatever number the child can count to. Must start with other partner opponents at the same time.
3. As the tracker is counting or waiting with eyes closed, hiker will travel to a hiding spot and leave “tracks” a trail of goldfish, trail of shoes etc. Hiker can confuse the tracker if they want to make it harder.
4. When time is up, the tracker will have to follow the trail and have to try to find the hiker. Nanny can assist in finding partner if the child is young.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Hiking & Nature #6

Type (game/art/music/dance/STEM)	Watch, focus, team oriented, crafting skills
Title	Buttered Bird Feeder

Items Needed:

- Small or large squares or rectangles of card boards
- Toilet paper cardboard roll
- Butter knife
- Seeds/seed medley,
- Peanut butter

Directions:

1. Pour seeds in a long and large rectangular dish.
2. Open peanut butter and grab a scoop with a butter knife.
3. Spread peanut butter on one side of roll or cardboard.
4. Roll or place flat down into rectangular dish filled with seeds.
5. Repeat to other side.
6. Find a place to put the feeder in backyard, front yard, or even side of the house by a window to see birds in view.
7. Make sure the roll is in an area not directly in the sun. Peanut butter will melt and seeds will fall off.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Hiking & Nature #7

Type (game/art/music/dance/STEM)	Craft & focus, team oriented
Title	Bird House

Items Needed:

- Over 200 or more popsicles sticks
- Glue
- Paint
- Stickers if you'd like
- String

Directions:

1. Create a square of popsicle sticks flat on the table (has 4) and glue ends together.
2. Repeat this layering 4 layers of popsicle squares on top of each other glued all together.
3. To build the roof, place three popsicle sticks horizontally.
4. Glue more popsicle sticks vertically opposite of the 3 horizontal sticks. Continue to glue till the horizontal sticks are covered. Repeat to create another one.
5. Angle the two layers when dry on top of the square layers. Glueing the bottom and the top point connected to one another.
6. When dry, paint and decorate as desired. Nanny can assist.



Modifications for younger or older kids:

Younger Kids:

Older Kids:

Hiking & Nature #8

Type (game/art/music/dance/STEM)	Toss, active
Title	Rock Launch

Items Needed:

- Rocks
- Pebbles
- Rope
- Post its

Directions:

1. Everyone against each other will each have a pile or collection of rocks.
2. When the timer goes off, each person will throw their rock as far as they can.
3. Depending where it lands if it is past the stick markers with the points on the post its, the nanny can tally all the points.
4. Keep going several rounds till it comes to one on one, and there will be an ultimate winner.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Hiking & Nature #10

Type (game/art/music/dance/STEM)	Craft, focus, team
Title	Bird Water Tray or Bird Bath

Items Needed:

- Tray
- Water
- Paint
- Construction paper
- Markers or coloring tools
- Glue
- String/rope
- Scissors

Directions:

1. Every child can choose a tray for water for the birds or a bird bath bowl.
2. Every child can choose how to decorate their item
3. They also can choose whether to hang it or not if able, nanny can assist.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Hiking & Nature #11

Type (game/art/music/dance/STEM)	Create, craft,
Title	Mud Pies

Items Needed:

- Dirt
- Water
- Utensils
- Cookie or shape cutters like for baking
- Paper plates

Directions:

1. Make sure you are in a dirt or grassy area, have each child dig some dirt and mix water in a bucket little by little mud becomes like a paste texture.
2. Kids can create whatever shapes they like with the mud, hearts, use cookie cutters and make shapes, etc
3. When finished creating, place the creation to dry on a paper plate.
4. For clean up, have kids rinse hands and feet and dry them before stepping back inside the house.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Sydney

Sydney #1

Type (game/art/music/dance/STEM)	Art
Title	Koala Mask

Items Needed:

1. Download the mask (below)
2. Scissors
3. string
4. Holepunch (optional)

Directions:

1. Cut out the koala mask.
2. Use a pen or the tip of the scissors to pierce the koala eye holes.
3. Cut out the eye holes.
4. With a pen, put holes in the sides of the koala head for the string (marked).
5. Attach the string or ribbon and then measure and tie it to your child's head.
6. Now eat, stretch, yawn and sleep because that's what koalas do best.

Modifications for younger or older kids:

Younger Kids: Assist as needed,

Older Kids: Can do independently. They can draw their own koala to use, if they don't want to use the printable.



Sydney #2

Type (game/art/music/dance/STEM)	GAME
Title	Animal Movement

Items Needed:

1. Animal Movement Dice printable (see link below-only need page 3)
2. Good quality craft glue or tape
3. Imagination

<https://attachments.convertkitcdn2.com/258717/f40998d1-4358-467c-90d3-6a2236a14259/Animal%20Movement%20Dice.pdf>

Directions:

1. Cut out the dice template
2. Fold all the lines inward.
3. Paste the good quality craft glue onto the tabs and fold the sides up to make the dice.
4. Wait for the dice to dry. Now it's time to let each child take a turn.
5. The whole group can act out the animal movements or the dice roller can do the actions.
6. Next time, add in animal noises too

How to play the game:

Decide on whether you will imitate movement, sound or both.
Let your child throw the dice.
Imitate the animal it falls on.

Modifications for younger or older kids:

Younger Kids: Use the dice to learn all about the animals. Take turns to roll the dice and tell a fact about each animal.

Older Kids: Add more animals that live in Australia.

Sydney #3

Type (game/art/music/dance/STEM)	Art
Title	Sydney Opera House

Items Needed:

1. 1 sheet of paper
2. blue paint
3. 3 plain white paper plates
4. Dark blue construction paper
5. glue
6. scissors
7. star stickers

Optional: glitter

Directions:

1. Paint the piece of paper with blue paint. Set it aside to dry.
2. Cut five crescent shapes out of the three paper plates .
3. Arrange the crescents to resemble the Opera House.
4. Lay down the outer shells first then work your way to the middle.
5. Place a ruler along the line where the water level would be. Rule a line across all the points/crescents.
6. Cut each shape along the ruled line.
7. Use glue to stick them in place.
8. Cut wavy pieces of cellophane or blue construction paper, whichever you choose to use and stick them on to represent the water.
9. Stick the stars on.

Add some glitter fireworks to the sky by drawing on explosions in clear glue then sprinkling over the glitter. Blow to get rid of the excess glitter and you should end up with some fireworks explosions

Modifications for younger or older kids:

Younger Kids: One large Opera house can be made. Can tape paper together to make one large sheet to use. Children can do different parts such as gluing different parts of the activity. Pre-cutting the paper plates will be helpful, if the children are able to do this with minimal help let them.

Older Kids: Have them do this independently. Have a discussion beforehand about the Sydney Opera House and what they know about it. Have them add other details that can be found at the Opera House.



Sydney #7

Type (game/art/music/dance/STEM)	Art
Title	Frilled Neck Lizards

Items Needed:

1. One long cardboard tube per lizard – ours are from paper towel rolls
2. Googly eyes
3. Tacky craft glue
4. Paint
5. Paintbrush and scissors
6. <https://www.thecrafttrain.com/wp-content/uploads/2015/01/Lizard-template.pdf>
Lizard Template (optional)

Directions:

1. First, squash your cardboard tube completely flat. Then sketch a lizard head and tail shape on there like in this picture. For the body of the lizard leave the cardboard tube joined at the edges. Cut along the lines you have sketched. If you need some help getting the shapes right you can use this Lizard Template.
2. Flip the lizard over, and cut off the head and tail shapes on the bottom, so you only have them on the top.
3. Cut out four leg shapes. I had enough scrap cardboard left over from cutting around the lizard to use as the legs, but if your roll is a bit narrower than mine you might not have enough and will need to use a second cardboard tube or other piece of suitable cardboard (like a piece of cereal box, or some heavy construction paper).
4. Glue the legs on, bending them into shape so that the feet touch the ground.
5. You are now ready to paint your lizard.

Modifications for younger or older kids:

Younger Kids: Precut and guide children. Help them as needed.

Older Kids: Can work independently

Sydney #6

Type (game/art/music/dance/STEM)	Music
Title	Aboriginal clapping Sticks

Items Needed:

1. Wooden paint stirrers (\$1 each from hardware store)
2. Paint
3. Cotton buds

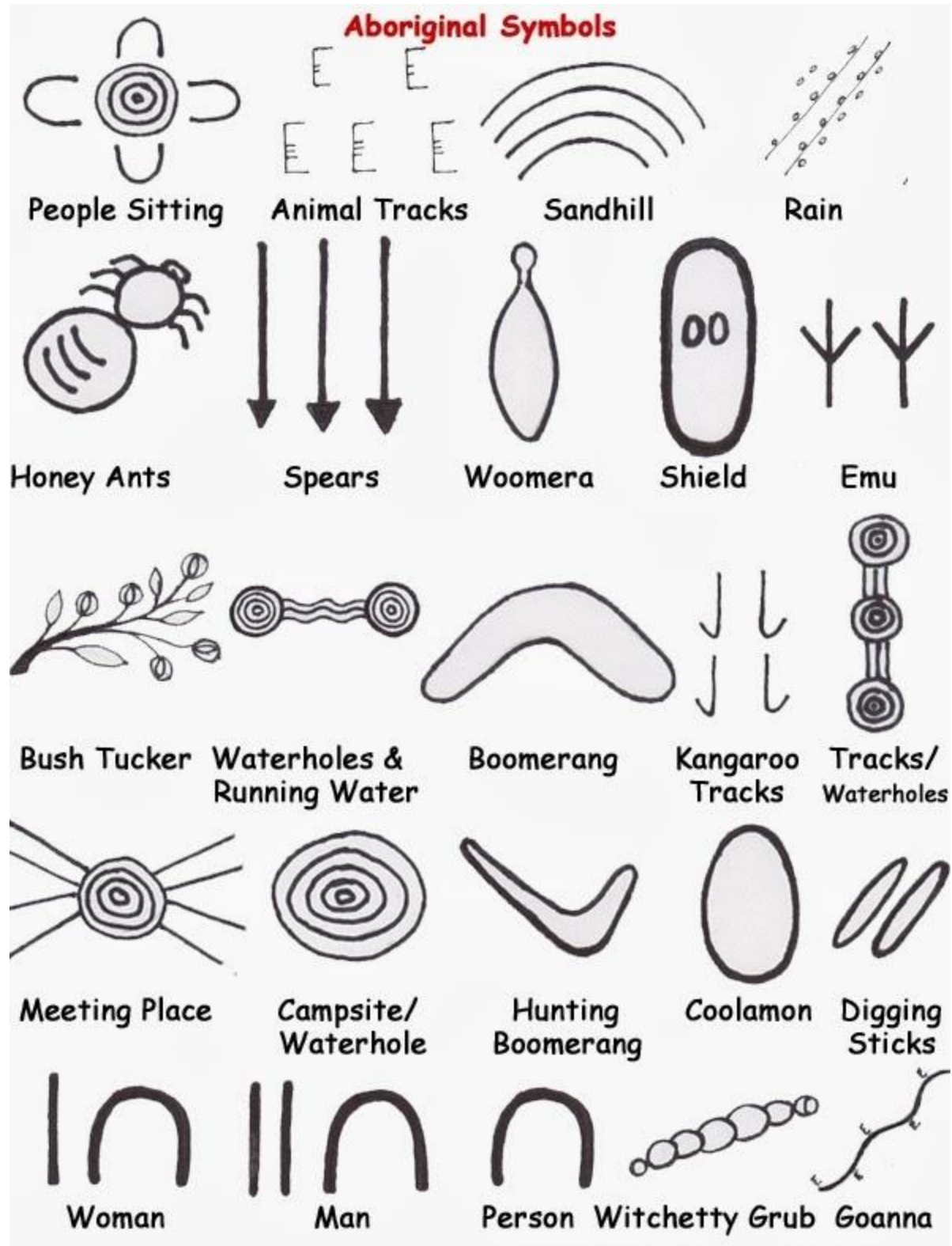
Directions:

1. paint the wooden paint stirrers so that the children can decorate them with some interesting patterns and markings. **Try using brown (representing Australian soil), red (representing Australian desert sand) and white (representing clouds), which are colors commonly used in Aboriginal art.**
2. Use the cotton buds as a tool to paint with. They are perfect for creating dots but also long lines.
3. Encourage children to use lots of dots and dashes with the paint.
4. When they are dried. Have fun and make different beats and music!

Modifications for younger or older kids:

Younger Kids: Younger kids can finger paint and add dots using their fingers. Let them get creative.

Older Kids: Can learn many of the traditional symbols and meanings behind Aboriginal art. Consider looking in books or online for some beautiful Australian Aboriginal art and spend some time finding some of the symbols.(see below)



Sydney #8

Type (game/art/music/dance/STEM)	Game/Art
Title	Aboriginal Boomerang

Items Needed:

1. Free Printable: <http://kidzactivities.net/wp-content/uploads/2015/06/Aboriginal-Boomerang-Craft-by-Kidz-Activities.pdf>
2. Cereal box or any cardboard with a large flat surface
3. Scissors
4. Pencil
5. Cotton buds
6. Paint

Directions:

1. Print and cut out the Free Printable: Aboriginal Boomerang Craft
2. Using the template you printed out, trace the shape of a boomerang on an empty cereal box (or cardboard). Then cut out
3. Kids are now ready to paint and design. Simply dip a cotton bud into some paint. Then create patterns on the boomerang just by putting dots of paint. Encourage the kids to create circular patterns as inspired by the Aboriginal artwork featured above.

Once they are dried. Have fun playing with the boomerangs!!

Modifications for younger or older kids:

Younger Kids: Can paint using their fingers and create any patterns that they want. Encourage them to be creative!

Older Kids: When they are done making their boomerang they can see how it works and make it a game who can throw it the farthest or modify it to make it go faster and further.

Sydney #9

Type (game/art/music/dance/STEM)	Game
Title	Blow Some Bubbles

Items Needed:

Bubbles for each child- can be found at the dollar store

Directions:

<ol style="list-style-type: none"> 1. BLOW SOME BUBBLES 2. Get out your favorite bubble wands and see who can blow the biggest bubble, make and catch the most bubbles.

Modifications for younger or older kids:

Younger Kids: May need help blowing bubbles, if available use a bubble machine and have them pop the bubbles. If no bubble machine is available use the wand and blow some bubbles for the kiddos.

Older Kids: Make it a race! How many bubbles can you blow in 1 min? Who can make the smallest bubble, the largest etc.

Modifications for younger or older kids:

Younger Kids: None

Older Kids: Let them make a list of items to hunt for. Take turns finding the items.

Sydney #11

Type (game/art/music/dance/STEM)	Game
Title	Egg and Spoon Race

Items Needed:

1. Plastic egg
2. Large wooden spoon if available

If no large wooden spoon is available- any spoon will do

Directions:

1. Create an obstacle course outside, you can do this with toys, branches, anything you can find.
2. Race around an obstacle course trying not to drop their egg

Modifications for younger or older kids:

Younger Kids: Make it as easy as possible for the children. They can work on balance (gross motor skills) using the spoon and egg.

Older Kids: Have them carry two spoons and two eggs or have them work with a teammate who can guide them while blindfolded.

Sydney #12

Type (game/art/music/dance/STEM)	Art
Title	Nature Inspired Portrait

Items Needed:

1. Paper plates (You could also pull a piece of cardboard or fiberboard out of your recycling bin and cut out a circle for your head.)
2. Glue (white school glue and spray adhesive.)
3. Twigs
4. Flower petals
5. Leaves

Directions:

1. Encourage the kids to use the items they found in nature to create a face on their head (the paper plate).
2. The white school glue works great for most of the items, but you will need something stronger to adhere the twigs use the spray adhesive

This is a kid craft- let them explore and get creative

Modifications for younger or older kids:

Younger Kids: May need an outline on the paper plate to know where to glue items. Guide them as needed.

Older Kids: Have them make a portrait of someone else. They can also add a body to their portrait.

Sydney #13

Type (game/art/music/dance/STEM)	Art
Title	Aboriginal Dot Painting

Items Needed:

1. Paint
2. Cotton tips (Q-TIPS)
3. Paper plates
4. Egg carton works well to separate paint

Directions:

1. Pour paint colors onto a plate or into an empty egg carton
2. Place your cotton tip into a color and start your pattern. You could even lightly trace a shape and have your kids dot around the edge and inside the shape to make it easier for them.
3. Once you are finished, you can hang your paper plates or cut around the design for effect.

Modifications for younger or older kids:

Younger Kids: Draw pattern for younger children

Older Kids: They can create their own pattern and cut their own effect (designs)

Sydney #15

Type (game/art/music/dance/STEM)	Art
Title	Blue-Ringed Octopus

Items Needed:

1. Toilet roll
2. Yellow and blue paint
3. Scissors
4. Googly eyes (optional)
5. Glue (optional)

Directions:

1. Begin by painting the paper tube a bright yellow. You may decide to give it a few coats so it intensifies the colour. Once it has dried you can begin to snip up the toilet roll to make the eight tentacles. Remember, an octopus only has eight tentacles!
2. Stick on some googly eyes with some craft glue and wait for it to dry completely. Then using the back of a paint brush dot the end into some brightly coloured blue paint and mark along the limbs and head of your octopus. Once it's markings have dried then you can carefully curl out the tentacles.

Modifications for younger or older kids:

Younger Kids: Assist as needed.

Older Kids: Older kids can do this independently and make other aussie animals that live under water.

Swiss Alps

Swiss Alps #1

Type (game/art/music/dance/STEM)	Art
Title	Alpine Hats

Items Needed:

Green Construction Paper
Red Paper
Stapler
Tape

Any color of construction paper is fine

Directions:

- 1: You will need a large green square of paper for this craft (larger size).
- 2: Fold the green paper in the middle but not quite in the middle. You want a line of paper at the end that is not covered by the folded paper.
- 3: Next, fold that folded paper in half and unfold again. This will mark the middle.
- 4: With the original fold at the top take the top right corner and fold along the marked middle to form a triangle. You will not go past the extra paper at the bottom.
- 5: Do the same with the top left corner then staple the two formed triangles to one side of the paper so that when it is opened to form the hat they stay against the back of the hat. You could also glue or tape them.
- 6: Flip the paper over and then fold up the extra paper along the bottom to form the rim of the hat. You can now gently open the paper to create the hat .
- 7: To make the red feather, cut out a simple leaf shape from the red paper and then cut slits along each side to create the feathery look. Tape the feather inside the folded rim of the hat.

Modifications for younger or older kids:

Younger Kids: Will need more assistance from an adult, adult can guide and help as seen fit. Let your little hero wear the creation and have fun using his/her imagination!

Older Kids: Can do activity independently and use different colors. What story do they know that characters have these hats? Where have they seen these hats before? Any books or characters they can think of?

Swiss Alps #2

Type (game/art/music/dance/STEM)	Art/STEM
Title	Ice Cream Skiers

Items Needed:

1. Ski racers you need this template(<http://krokotak.com/wp-content/uploads/2014/12/10.pdf>)
2. Two toothpicks
3. Two ice cream wooden sticks (Popsicle sticks)
4. Crayons to Color
5. Scissors

Directions:

Cut and color the figures. After that make the ski poles from the toothpicks and put them on the skier. The skis are the popsicle sticks.

Modifications for younger or older kids:

Younger Kids: Will need more assistance from an adult, adult can guide and help as seen fit. They can color on their own.

Older Kids: Can do activity independently and create a way for them to ski!. If put on ice will they slide (ski) how can they go up and down? Look around the house and find items that can be used to modify it so it can move.

Swiss Alps #4

Type (game/art/music/dance/STEM)	Game
Title	Swiss Lazer tag

Items Needed:

Red and white crepe paper (for swiss colors)and some tape

Directions:

Tape them high, tape them low and all ways in between. You may have to do some adjusting as they actually navigate through it. You want it to have a level of difficulty but you also want it to be doable so they can feel successful at it.

Modifications for younger or older kids:

Younger Kids: Make it as easy as possible for them

Older Kids: Make it challenging. Not too hard but enough for them to think about how to go through the lazer maze.

Swiss Alps #5

Type (game/art/music/dance/STEM)	STEM/ Game
Title	Snow Shooter

Items Needed:

Plastic cups (9 oz) or empty yogurt container works also

Balloons (12")

Mini marshmallows (or pom poms)- preferred color white, if not available any color.

Scissors

Directions:

1. Cut the bottom part off of your plastic cup. Works best to double up the cups and I cut off the bottom third.
2. Tie a knot at the end of your balloon and cut off about 1/2" from the other end.
3. Now stretch the balloon over the end of the cup. Works best to put the balloon on the top part of the cup where the lip is, otherwise the cup would bend too much when the balloon is put on.
4. That's it! Now it's time to do some launching! Just put your marshmallow inside the cup on the knotted center, then aim the cup away from you, pull back on the outer knot and launch away!

Activity should be done outside

Modifications for younger or older kids:

Younger Kids: Will need more assistance from an adult, adult can guide and help as seen fit.

Older Kids: Will need assistance with the balloon. Can add different objects to see if it will launch ex. Tiny ball, small rock (be careful) leaf and so forth.

Swiss Alps #7

Type (game/art/music/dance/STEM)	Art
Title	Popsicle Stick Figurines

Items Needed:

Colors
 Printables (**see below**)
 Popsicle sticks - large or small
 Glue

Directions:

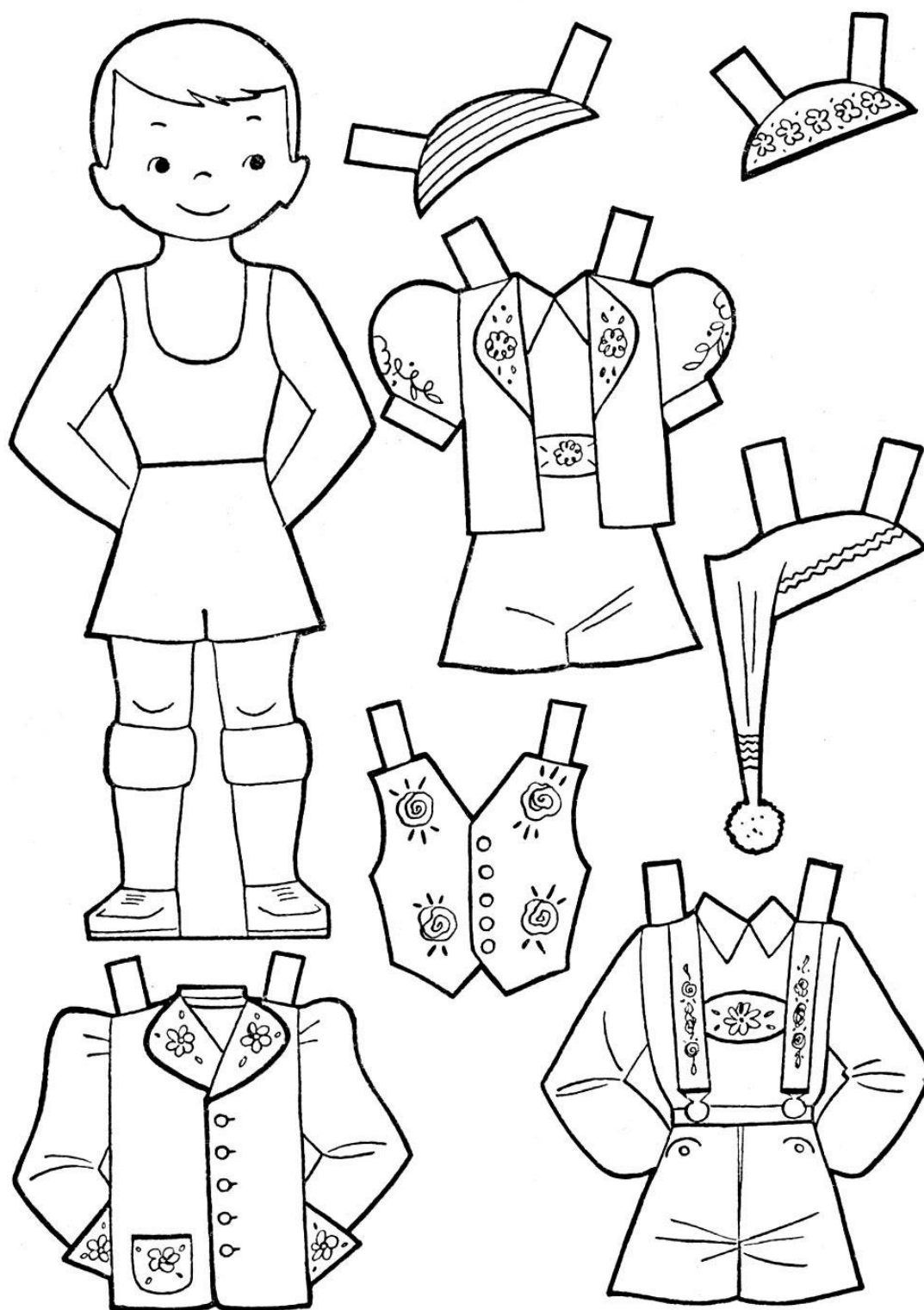
Print out pages, color and glue to popsicle sticks

May need to shrink the picture, so it fits on the sticks

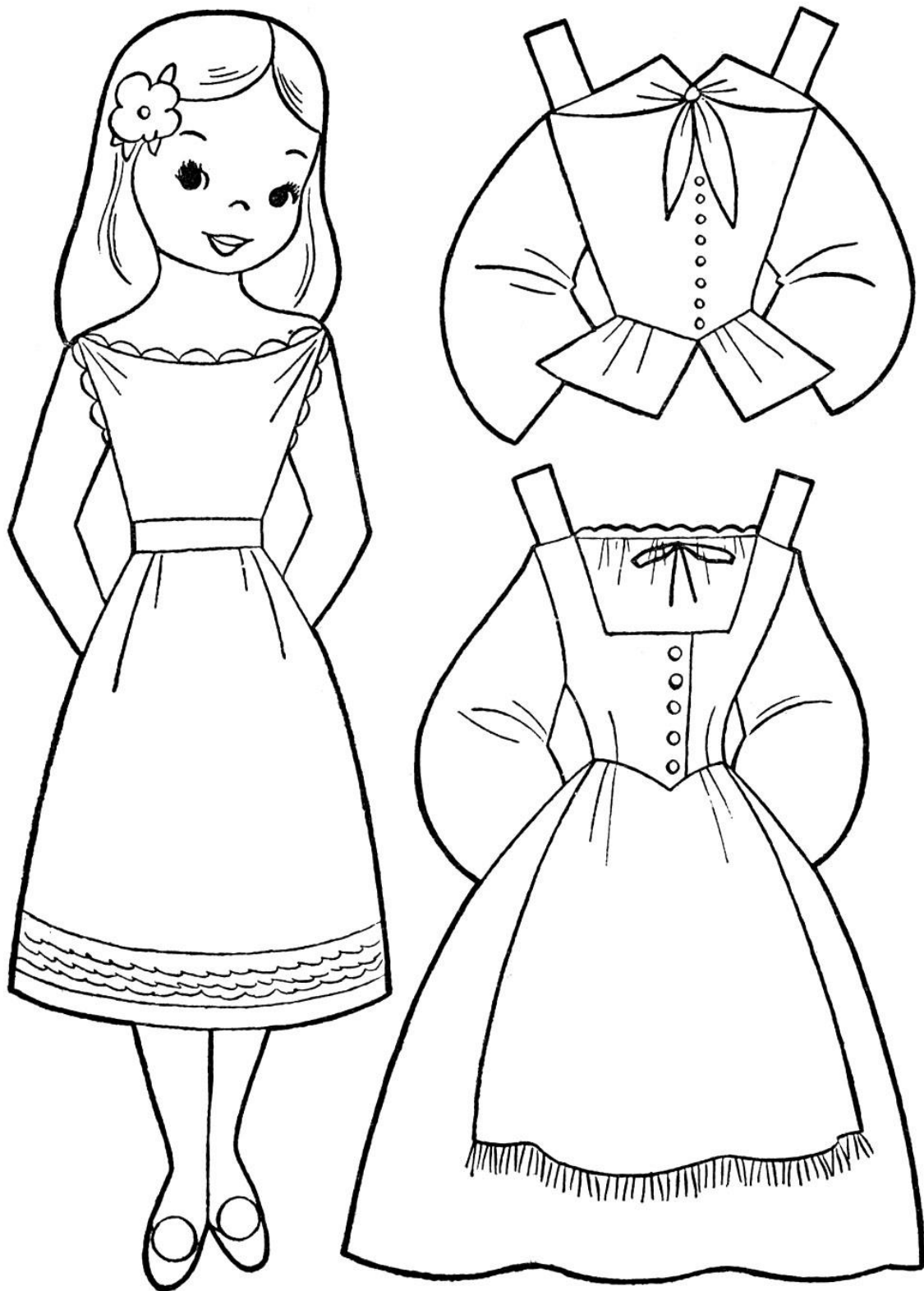
Modifications for younger or older kids:

Younger Kids: Can just color the printouts.

Older Kids: Can create a play using the figurines. Using a box or old shoebox they can decorate and create a background for the figurines that represent the Swiss Alps, it can include mountains, snow, grass, cows. This can be done using paper and markers does not have to be anything extreme. The grass can come from outside, if it's available. Let them get creative!



A SWISS BOY. For your cut-out collection.



A FRIEND FROM ITALY. To cut out and play with.



Switzerland summer. Men take cows upland to graze.



Vinci and Gretel chop down their own Christmas tree.

Swiss Alps #9

Type (game/art/music/dance/STEM)	Art/STEM
Title	Slippery Slope Slime

Items Needed:

1. 5 oz. Elmer's Color Glue
2. ½ Tbsp of baking soda
3. 1 Tbsp of contact lens solution

Directions:

1. Pour out the entire contents of the 5 oz. Elmer's Color Glue into a bowl
2. Add ½ Tbsp of baking soda and mix thoroughly
3. Add 1 Tbsp of contact lens solution
4. Mix until mixture gets harder to mix and slime begins to form
5. Take the slime out, and begin kneading with both of your hands
6. If it's too sticky, add ¼ Tbsp contact lens solution and knead. Keep adding ¼ Tbsp contact lens solution until desired consistency.

Modifications for younger or older kids:

Younger Kids: Will need more assistance from an adult, adult can guide and help as seen fit.

Older Kids: Can do activity independently.

Swiss Alps #10

Type (game/art/music/dance/STEM)	Game (Outside)
Title	Soccer (Europe is huge on soccer)

Items Needed:

Soccer ball or ball that can be kicked (preferable soft ball) beach ball is great for this
Tape (colored)

Directions:

1. Make shapes using the tape and tape it to the outside ground (if the grass area it can still work just have to put more pressure to the tape so it sticks.
1. Have the children kick the ball to the different shapes as if playing soccer, they can alternate feet or use the left or right only. If you want to play soccer or swiss music to get the feel of the game.
1. Make sure to separate shapes so kids have space in between to move.

Modifications for younger or older kids:

Younger Kids: Will need more assistance from an adult, adult can guide and help as seen fit. Does not have to be shapes, can be lines, numbers, letters, get creative! But keep it easy for them as they are younger and we don't want them to get discouraged.

Older Kids: Challenge them, add shapes, lines and have them go from one end to the other while using only one side (left or right) and hands behind their back.

Swiss Alps #11

Type (game/art/music/dance/STEM)	Art
Title	Edelweiss Flower Craft

Items Needed:

1. construction paper- Dark Blue, Light Blue, Green, Yellow, White.
2. Scissors
3. Glue
4. Optional--tape (for younger children)

Directions:

1. Start by cutting your flower pieces.
2. You need a stem, 5 large petals, 5 small petals, one large yellow circle and 5 smaller circles for the center.
3. You'll also need a sheet of dark blue construction paper for the background, and a sheet of light blue construction paper for the mountains.
4. Cut a jagged mountain shape from your light blue paper and and glue it to the dark blue. Add a stem.
5. Next, add a ring of 5 large white petals.
6. The 5 smaller petals go in between.
7. Add the large center circle and the 5 smaller center circles. Done!

Modifications for younger or older kids:

Younger Kids: Allow them to do what they can and assist when needed. They may need help with cutting and pasting, you can always substitute tape for glue.

Older Kids: If a child is older, they could cut the petals, stem, and flower center out themselves. Create a flower garden.

Swiss Alps #14

Type (game/art/music/dance/STEM)	Game
Title	Parachute Race

Items Needed:

- | |
|--|
| <ol style="list-style-type: none"> 1. Coffee Filter 2. Fuzzy Sticks (pipecleaners) 3. Markers (optional) |
|--|

Directions:

- | |
|---|
| <ol style="list-style-type: none"> 1. First, you'll make a stick person from ONE fuzzy stick. Twist a loop in the middle for his head, bend back both ends for the arms, twist those ends together for the torso, then what's left is legs. Feel free to bend up the very end for feet. 2. Take a second pipe cleaner and poke one end through the edge of a coffee filter. Fold over once to secure. Take the free end and run through the "hands" of the stick figure (his arms are loops). Connect the free end to the coffee filter and bend up. 3. If you want to get fancy, you could decorate the filter with markers, but plain white works well too. 4. Gently release the parachute and let it float to the ground. |
|---|

Modifications for younger or older kids:

Younger Kids: Have a race, release parachutes together and see what happens. Guide younger kids when making the person, if needed. Remember the person does not have to look perfect. Let them create it how they want and see what happens.

Older Kids: Race time! How can the parachutes go faster? What will make them go faster? How can the parachute be changed?

Swiss Alps #15

Type (game/art/music/dance/STEM)	Art
Title	Rock Painting

Items Needed:

1. rocks in a variety of shapes & sizes --bags of river rocks at the craft store or even the dollar store!
2. acrylic paint (regular paint is ok)- colors that represent outdoors- green,brown, white, nature colors.
3. paint brushes
4. permanent markers (**Sharpies work best**)
5. plastic tablecloth or newspaper

Directions:

1. Give the rocks a good scrub to get off any sediment or dirt and allow them to dry well before painting.
2. Spread newspapers or a plastic tablecloth out to make clean-up a little easier. Using your favorite colors, paint a few coats onto the rocks. You could also use permanent markers to add designs and small details to the rocks.

Modifications for younger or older kids:

Younger Kids: Can dip the rocks in the paint or draw on the rock. May need guidance from an adult.

Older Kids: Can try to make “cool” designs or a mosaic. They can make designs that are more detailed.

Summer Camp Round-Up

Summer Camp Theme #1

Type (game/art/music/dance/STEM)	Art/Games
Title	Chalk Play!

Items Needed:

-Sidewalk chalk

Directions:

Depending on personality, let the kids create artwork or lead games with chalk, such as hopscotch, or other creative challenges. Examples: have them draw rocks and other things they can “step” on, and play that the ground is lava and they have to hop from thing to thing; play tik tak toe, etc.
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Modifications for younger or older kids:

Younger Kids:

Older Kids:

Summer Camp Theme #2

Type (game/art/music/dance/STEM)	Art
Title	Bubble Painting

Items Needed:

<ul style="list-style-type: none"> -Paint -Bubbles -Paper -Bowl

Directions:

1. Add three tablespoons of bubble solution and two tablespoons of paint to a cup.
2. Mix the paint and bubble solution together.
3. Place a piece of paper on the grass or a table.
4. Dip the bubble wand or a straw into the bubble paint and then blow out bubbles so they land on the paper.
5. Allow to dry before hanging up the colorful bubble paintings!

Modifications for younger or older kids:

Younger Kids:

Older Kids: Can do a couple of different bowls with different colors

Summer Camp Theme #3

Type (game/art/music/dance/STEM)	Art
Title	DIY Campfire

Items Needed:

- 5 or 6 toilet paper rolls,
- paint
- paper plate
- yellow, red and/or orange tissue paper
- glue

Directions:

- Paint the toilet paper rolls brown and let dry.
- Arrange the toilet paper rolls as if they were logs on the paper plate.
- Use glue to attach them to the plate, stacking them slightly so they look like logs.
- Scrunch up a few squares of fire colored tissue paper and glue them into the center of your "logs".
- Follow up with the campfire stories activity!

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Summer Camp Theme #4

Type (game/art/music/dance/STEM)	Art
Title	Handprint Bonfire

Items Needed:

- Paint
- Twigs
- Large piece of paper

Directions:

1. Glue twigs to the bottom of the paper to make the base of the campfire.
2. Can write the names of each camper on the sticks, if wanted.
3. Press each child's hand in the paint, and then have them put their handprint above the twigs to create a "fire."
4. If a large piece of paper is not available, can use normal paper and do individual handprint fires.
5. If kids are enjoying this, feel free to go into regular finger painting with the campfire is done!



Modifications for younger or older kids:

Younger Kids:

Older Kids:

Summer Camp Theme #5

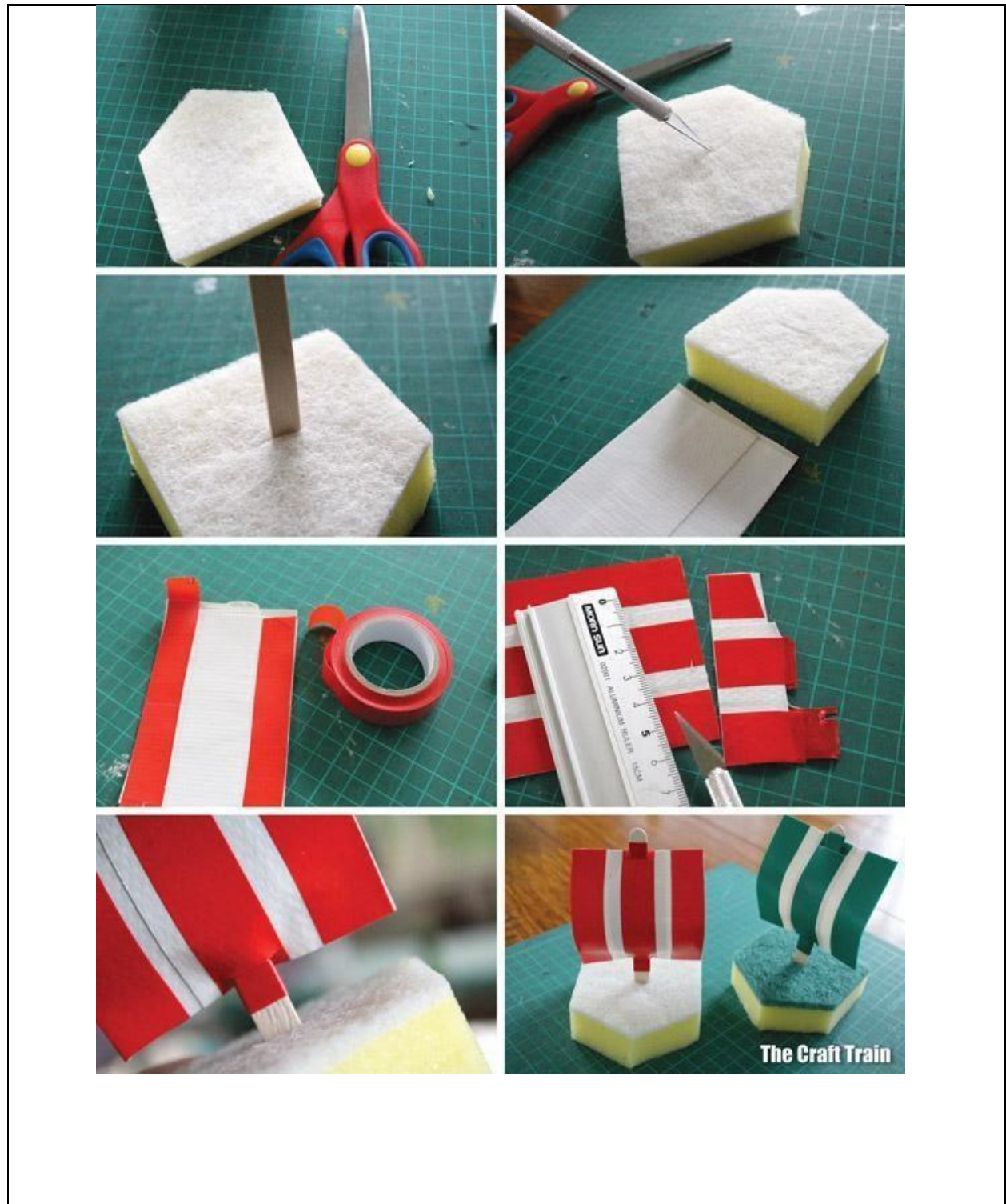
Type (game/art/music/dance/STEM)	Art
Title	Sponge Sailboats

Items Needed:

- Kitchen sponges
- Popsicle sticks
- Duct tape in different colors (or use one color of duct tape and use stickers or markers to decorate)
- Ruler (optional)
- Scissors (craft knife might also be helpful for adult to use, if available)

Directions:

1. Have an adult do all the cutting unless the kids are older and using safety scissors.
2. Cut the tip of your kitchen sponge into a pointy end using scissors. It might help to rule lines on the sponge with a lead pencil first so that it's even.
3. Cut a small horizontal slit in the sponge for the mast (the popsicle stick) to be placed.
4. Make the sail. Lay down a piece of duct tape, then stick a second piece of duct tape along side it, but overlapping. The width should be approximately the same as the width of the sponge. Stick a second layer of tape down over the first, so that the sticky side faces down and the sail is smooth on both sides. Decorate with stripes of a different color, stickers, or markers if desired.
5. Use scissors to trim the edges of the sail. Make it a roughly square shape.
6. Place two small pieces of duct tape around the craft stick mast at the top and close to the bottom where the base of the sail will sit. This helps to keep sail in place.
7. Cut a small horizontal slit at the top and bottom of the sail.
8. Thread the duct tape sail through the slits to make a curved mast.
9. This activity could be fun to do on a water activity day



Modifications for younger or older kids:

Younger Kids: Can focus more on decorating their sail with markers or stickers

Older Kids:

Summer Camp Theme #6

Type (game/art/music/dance/STEM)	Art
Title	Popsicle Stick Smores

Items Needed:

- * Popsicle Sticks
- * Paper Plate
- * Paint
- * Light Brown/Dark Brown construction paper
- * School Glue
- * Kid Friendly Craft Scissors

Directions:

- * First assemble the base of your s'more friend by gluing your popsicle sticks together to look like a fence {7 next to each and two across}
- * Set aside to let it dry completely.
- * Now grab your paint, paint brush and popsicle stick base.
- * Have children paint the front of it completely white {the marshmallow} while you cut out some "graham crackers and chocolate" from the cardstock.
- * To finish off the **Popsicle Stick Smores** craft, have children glue the cardstock pieces to the popsicle stick design, along with drawing on a face with the remaining paint.
- * Then let it dry completely before displaying proudly!!!

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popstick
SMORES

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Summer Camp Theme #7

Type (game/art/music/dance/STEM)	Game
Title	Campfire Storytelling Games! (Includes 6 games)

Items Needed:

-None, but would be fun to do with a crafted campfire.

Directions:

This would be a great activity to do after one of the campfire crafts! Feel free to use this one multiple times in the week, since there are many different versions and prompts.

1. Sound Train

Players agree on an initial sound — for example, ‘p’ or ‘sh’ — and take turns saying a new word that begins with the chosen sound. The game continues until a player is unable to think of a new word to add. The last person to provide an answer chooses a new sound for the next round. Add a time challenge for older children by having all players keep a simple, repeated rhythm — for example, patting knees twice and then clapping once. Each player must say his word before the beat is finished.

2. I Went to Market

The first player begins by saying, “I went to market and bought a __,” adding an item she would buy. For example, “I went to market and bought a bag of potatoes.” The next player in line continues with, “I went to market and bought [insert the name of the first player’s item] and a __ [adding a new item purchased].” For example, “I went to market and bought a bag of potatoes and

a candy bar.”

Each player around the campfire continues to add to the list of shopping items. Any player who makes a mistake is eliminated until only one winner is left.

3. Once Upon a Time

Create a story together — the player chosen to begin shares the first few lines of a make-believe story. Storytelling proceeds around the campfire, with each player adding a few more lines to continue the story. Add an additional challenge when playing with older children by having players pat their knees twice and then clap their hands while sharing their story offering. The next player must start his contribution immediately following the last player's clap.

4. Telephone

Players sit around the campfire and the game begins when the first person whispers a message to the next person in line. The whispered message is passed in order from person-to-person, and the last person announces to the group the message he heard. Invariably, the message has changed as it's been passed along, providing a fun laugh for all.

5. The Name Game

As a group, choose a topic: for example, animals, places, or celebrity names. The first player names an item that fits the topic and begins with the letter A. Players then take turns to name another item for the list that begins with the last letter of the item just named. For example, with animals as the topic, the game might go: aardvark, kangaroo, octopus, snake, elephant, etc. Once named, items cannot be repeated. Any player who cannot add an item during her turn is eliminated until only one winner is left.

6. 20 Questions

Select one person to begin as ‘it.’ During each round, ‘it’ chooses a person, place, or thing but does not reveal the identity of the chosen item to the other players. Next, players take turns asking ‘yes’ or ‘no’ questions about the item as they attempt to figure out what it might be. A total of only 20 questions may be asked. If at any stage of the game a player guesses correctly, play ceases and the winner becomes ‘it’ for the next round. If no one can guess the answer after all 20 questions are asked, ‘it’ reveals the item's identity, and a new round can begin.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Summer Camp Theme #8

Type (game/art/music/dance/STEM)	Game – Imaginative
Title	Create a Skit

Items Needed:

-None

Directions:

Split the campers into groups of two or three depending on how many kids you have (if it's a small group, you can all create a skit together). Give them three words that must be included in their skit. Example: popcorn, campfire, snake. Let them go and create a skit for their group to perform. They can write it down, or just come up with a story line and do it from memory. Feel free to encourage them to use props or costumes that they find around the house, if appropriate! When groups are finished or when the time limit is up, have them perform their skits for each other.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Summer Camp Theme #9

Type (game/art/music/dance/STEM)	Game
Title	Ninja

Items Needed:

-None

Directions:

- All the players stand with their hands together, facing the center of the circle.
- Everyone says, “3, 2, 1, NINJA!” and then freezes in a cool ninja pose. (This is the favorite part!)
- Each player takes a turn doing a ninja move. Turns move around the circle, just like any other game.
- The object of the game is to get the other players “out,” one arm at a time.
- When it’s your turn, you get one move. You can karate chop another player’s arm below the elbow (gently!). You can try to get any player out – it does not need to be the person next to you. You can take a step as part of your move, but only one step. For example, you can step forward or backwards and do a karate chop with your arm. The player being attacked can dodge your ninja move. If you successfully karate chop their arm below the elbow, then that arm is out!
- A player is out of the game when both of their are out.
- The winner is the last ninja standing!

Modifications for younger or older kids:

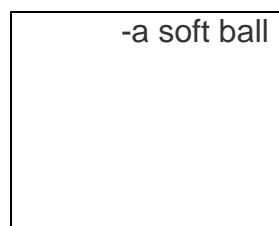
Younger Kids:

Older Kids:

Summer Camp Theme #10

Type (game/art/music/dance/STEM)	Game
Title	SPUD

Items Needed:



Directions:

- With everyone standing close to you, throw the ball straight into the air while shouting out one of the child's names.
- The child who has been called quickly gets the ball and shouts "SPUD" as soon as they touch it.
- All other campers run away until they hear "SPUD."
- When they hear "SPUD," the camper with the ball may then take four steps, spelling "S", "P", "U", "D" with each step towards any other player.
- S/he may then roll or throw the ball at a player, trying to hit below the waist.
- The frozen player cannot move their feet, but may try to catch the ball or dodge with their upper body.
- If the student is hit with the ball, they get a letter (i.e. "S").
- Whichever student received a letter gets to begin the next round by throwing the ball up and shouting a new number.
- If a student gets all four letters (SPUD), they are out.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Summer Camp Theme #11

Type (game/art/music/dance/STEM)	Game
Title	Musical Chairs

Items Needed:

-Chairs (one less than the number of players)

Directions:

<p>The chairs are set up in two rows back to back (one chair less than the number of players). The music is turned on, and the players walk around the chairs. When the music stops the players race to sit in the available chairs. The player left standing is taken out of the game. The players all stand again and a chair is removed. The music is started and the walk around the chairs begins again. This procedure is continued until only one person remains. This person is the winner.</p>
--

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Summer Camp Theme #12

Type (game/art/music/dance/STEM)	Game
Title	Water Bottle Bowling

Items Needed:

-Plastic water bottles, ball

Directions:

Take turns trying to knock down all of the bowling “pins.”
--

Modifications for younger or older kids:

Younger Kids:

Older Kids: For more difficulty, fill the bottles with some water to make them harder to knock down.

Summer Camp Theme #13

Type (game/art/music/dance/STEM)	Game
Title	Obstacle Course

Items Needed:

-Use items around the family's yard. Make a tightrope on the ground with a jump rope, use hula hoops to jump through, draw obstacles with chalk, use a swing set, use chairs to crawl under, be creative!

Directions:

Create an obstacle course. Set a timer and see who can do it the fastest or under a certain time, or try to make the obstacle course longer after each round to make it a challenge!

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Summer Camp Theme #14

Type (game/art/music/dance/STEM)	Game
Title	Three-Legged Race

Items Needed:

-Ribbon or scarf

Directions:

Lightly tie two campers' legs together to make them a three legged team. The challenge is to race while attached together at the hip. Can do time challenges or races.

Modifications for younger or older kids:

Younger Kids: For really young, don't tie their legs together, just make it a challenge to try to run while keeping their legs together

Older Kids:

Summer Camp Theme #15

Type (game/art/music/dance/STEM)	Game
Title	Sack race

Items Needed:

-pillow cases

Directions:

Have campers race by hopping in pillow cases! Make sure parents have old pillow cases that they don't mind them using.
--

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Summer Camp Theme #16

Type (game/art/music/dance/STEM)	Game
Title	Kickball

Items Needed:

-Soccer ball

Directions:

Played like baseball, but with kicking instead of batting. For bases, you can either use points in the yard, or use something like a towel or shoes to show where each base is. Camper kicks the ball. Opposing team tries to tag the kicker before he/she gets to a base.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Summer Camp Theme #17

Type (game/art/music/dance/STEM)	Game
Title	Waterplay

Items Needed:

-Hose or sprinkler

Directions:

Have fun! You can play tag with the hose or with the sprinkler on, or make up other fun racing games to play in and out of the sprinkler or hose.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Summer Camp Theme #18

Type (game/art/music/dance/STEM)	Game
Title	Water Balloons

Items Needed:

<ul style="list-style-type: none"> • Hose • Water balloons
--

Directions:

Games to play:

- Tag with water balloons
- Water balloon toss. Stand close to a partner and toss the balloon. Every round, take a step farther away from your partner. Team who goes the longest without dropping the balloon wins!
- Water balloon fight (encourage gentle throwing and no head shots!)

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Summer Camp Theme #19

Type (game/art/music/dance/STEM)	Game
Title	Capture the Flag

Items Needed:

- 2 scarves, bandanas , or socks to use as flags

Directions:

1. Divide players evenly into two teams.
2. Divide playing area into equal-sized territories, one for each team. You can use chalk, cones, tape, or landmarks such as trees or sidewalks to mark boundaries and make sure each player understands the lay of the land.
3. Place one flag into each territory. This can be done by a representative from each team or a neutral person who isn't playing. The flag can be mostly hidden, but some part of it must be visible. Once it's placed, the flag can't be moved by its home team.
4. Start all players at a neutral location on the edge of the playing area. When the game begins, players try to cross into opposing teams' territories to grab their flags.
5. Teams should not guard their flags too closely. One way to do this is to disallow players to be within 10 feet of their own flag unless an opposing team's player is present.
6. When a player is in an opposing team's territory, they can be captured by that team's players. If they tag him/her, he/she must perform a task—say, five jumping jacks or three push-ups—before returning to his or her own territory.
7. Any time players cross back to their own team's territory, they are safe and can't be captured.
8. The game ends when one team has successfully grabbed the flag from the other team or teams and returned to their own territory.
- 9.

Modifications for younger or older kids:

Younger Kids:

Older Kids:

Camp Games

Low maintenance, simple sports, “adventures”, and movement-related activities

- Musical chairs
- Freeze tag or dance
- Obstacle course - write on the ground with chalk different actions to complete, then timed them as they completed it. Example: hop three times, jump on a square, stand on one foot on an odd number (for older children) things like that.
- Ring toss - outside with sidewalk chalk or hula hoops, inside with painters tape.
- Hopscotch - outside with sidewalk chalk, inside with painters tape
- Simon Says
- Scavenger Hunt - items around the house / outside
- Make our own Olympics with track, jumping, shot put, etc. With Olympics being postponed, this would be fun.<https://www.icanteachmychild.com/free-ebook-olympic-activities-for-kids/>
- Diaper tag
- Capture the flag
- Kickball/wiffle ball
- Yoga for kids
- Field day (3 legged race, shoe scramble, 50-yd dash, relay race, etc)
- Storytime/read-aloud
- Zoom! Screech! - Stand in a circle - someone starts by saying zoom to their right and the energy passes in one direction (right) by saying Zoom to a neighbor, it stops and reverses direction by someone saying Screech. If there is a pause/error in the direction change that person is out. Each person must turn their head to look at the person they are passing it to.
- Star Wars- set up like capture the flag, there is a person who is the jedi standing in a hula hoop at the back of their side of the field, jedi has a pool noodle. The other players on the team are spread around the field and there are balls lined up along the center line splitting the field in half. When the coach/adult says go, the players run to the balls on center line and try to roll them on the ground to get the other team out. If a player gets touched by a ball rolled from the other team then sit right where they are. The Jedi can then come out of the hoop to touch that

player with the pool noodle to bring them back to life and jump back into the game. The Jedi is only safe in the hula hoop, if the Jedi gets touched by a ball from the other team then the Jedi must sit down where they are. A team can win when the Jedi and all players are out.

- Sidewalk chalk stained glass windows- put painters tape or masking tape in a pattern on the sidewalk/driveway. Kids color each shape a different color. Pull tape up when finished and see the stained glass window style art on the pavement!
- Ultimate Rock/Paper/Scissors- played like normal rock/paper/scissors but everyone begins playing each other and when you lose to your opponent you become their biggest fan and a part of their posse. That person then goes to find and play their next opponent and you stand behind them and begin cheering them on. When a person wins a round, they gain everyone from their opponents group including their opponent. This continues until there is 1 winner of ultimate rock/paper/scissors and everyone is cheering them on.
- Categories- pick a topic, each person or group has 2 minutes to write down as many things as they can think of in that category, for example fruit. Once the 2 minutes is up, pencils down. The first person or group starts and calls out their list, if the other players or groups hear a fruit that is on their list, EVERYONE crosses it off their list, including the person who is reading their list. Everyone has a turn to read out their list and the team or player with the most things in that category at the end wins.
- Hangman
- Charades
- Pictionary
- Have a jam session- find buckets, or things that make cool noises and can be played safely without breaking! Decide on a beat to start with one object and add to the beat with the next object in a different rhythm. Keep adding sounds and rhythms to make different beats and patterns.
- 20 questions- helpful to have a list or pieces of paper with characters/animals/objects/etc. Player picks out a piece of paper and everyone else in the group starts asking Yes/No questions ONLY. The group is only allowed to ask 20 questions so take turns and keep tally of how many questions have been asked. The first person to raise their hand or ring the bell or buzzer or run across the yard to tag the judges hand and then guess the “thing” correctly wins or gets a point.

- “We’re going on a picnic”- sitting in a circle, pick someone to start and they begin with “We’re going on a picnic and I’m bringing “ ____”. The item they pick begins with an “A” ex. apple. The next person goes and says “We’re going on a picnic and I’m bringing an apple and ”B____” ex. Bananas. Next player- “We’re going on a picnic and I’m bringing apples, bananas and “C” ex. Candy. This repeats as long as possible with each person starting the next letter of the alphabet. See if the group can make it to Z! If a player misses an object they can be out, or it can be a team building activity to have the group help each other to see if you can make it all the way to z!
- Tie Dye- kits can usually be purchased at local stores or Amazon
- Theatre/Talent show- prepare a performance/talent show all week and invite the parents for a Friday afternoon performance
- Wacky Wednesdays- could be an exciting weekly event and Summer buddies would remind kids and families throughout the beginning of the week.
 - silly socks day
 - crazy mismatch day
 - silly hat/favorite hat day
 - favorite sports team- wear anything showing a favorite sports team
 - masquerade day- dress up as a favorite character/costume
 - star spangled banner- week of 4th of July wear red white and blue
 - luau or tropical theme
 - super heroes
 - tie dye- we would make tie dye Monday and Tuesday and then the kids would wear it on Wednesday.
- Friday afternoon dance parties- pick an appropriate playlist and have a dance party/karaoke/make up a dance to a song
- Get a beach ball and write “Getting to know you” questions on it with sharpie. Throw the ball around a circle and when you catch it, wherever your right thumb lands, pick the closest question read it out loud and answer it for the group.
 - what’s your fav color
 - Do you have any pets?
 - what’s your fav food?
 - what’s your fav sport to play or watch?

Make a handshake!- as a group or pair up