

Care Cheat Sheet

Children	Parent 1:	Cell:	:
Full Name:	Parent 2:	Cell:	
DOB:	Pet Name, Breed:		
Full Name:	Pet Name, Breed:		
DOB:			
Full Name:	Emerger	icy Cont	act
DOB:	Name:		
Address, City, Zip:	Relationshi	ip:	
Wi-fi Info:	Phone Nun		
Medical Info	Address:		
Conditions & Needs:			
	School Info	0	
Family Doctor: Insurer:	Names:		
Insurance ID:	Grades: Phone Numbers:		
Our Schedule (i.e. nap time, diapering, etc.)	Addresses:		
O	Addresses.		
<u> </u>	Bedtime Inf	fo.	
O	Bedtime is: PM. Here is the routine:		
O			
Activities			
Kids enjoy			
Parental guidelines	Mealtime Ir		
	Breakfast time: Kids like to eat	Lunch Time:	Dinner Time:
	Kids do not like to eat		
Other			

Here's how to make meal time smooth: